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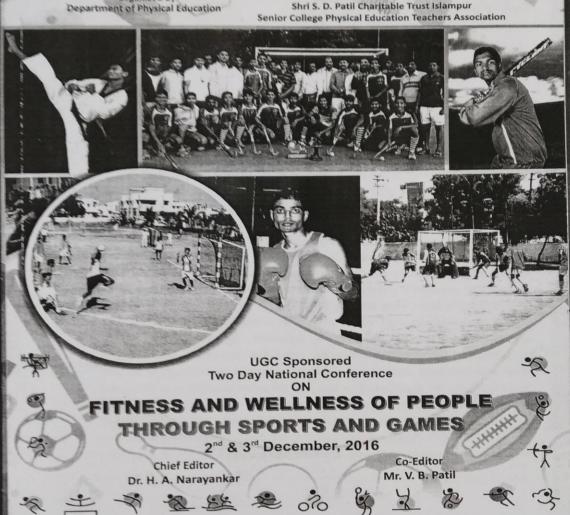
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PRINCIPAL M. H. Shinde Mahavidyalaya, Tisangi Tal. Gaganbawada, Dist. Kolhapur.

IMPORTANCE OF FITNESS AND WELLNESS IN SPORTS AND PHYSICAL EDUCATION

Prof. B. D. Patil M. H. Shinde Mahavidyalaya, Tisangi.

INTRODUCTION

hysical fitness is a general state of health and well-being and, more specifically, the ability to perform aspects of sports, occupations and daily activities. Physical fitness is generally achieved through proper nutrition, moderate-vigorous physical exercise, and sufficient rest. Before the industrial revolution, fitness was defined as the capacity to carry out the day's activities without undue fatigue. However, with automation and changes in lifestyles physical fitness is now considered a measure of the body's ability to function efficiently and effectively in work and leisure activities, to be healthy, to resist hypokinetic diseases, and to meet emergency situations. Wellness is defined as the condition or state of being in good mental and physical health. Every aspect of our wellness is affected by stress. The dimensions of wellness include social, spiritual, emotional, occupational, environmental, physical wellness, and intellectual well being. Social wellness refers to our ability in relating and connecting with the other people in our places. Emotional fulcrum is our ability to understand ourselves, and cope with challenges brought by life. Our ability to establish peace with ourselves is categorized as spiritual wellness. Recognizing our own responsibility regarding the quality of air, water, and land is entailed in environmental well being. Occupational wellness is our ability to get fulfillment from jobs or in the careers we choose. The ability to open our own

minds to ideas that are new is inclusive in intellectual wellness. Physical wellness refers to our ability to maintain healthy quality of life that permits us to go on with our daily activities (University-of-California, 2012).

Factors influencing wellness include the health habits, family history, environment, access to health services, attitude, and media and technology. Health habits for instance smoking can lead to heart disease. Our daily health choices affect our level of health. The family history plays a role in pre disposition to a wide variety of conditions that affect our wellness. Examples of these conditions include heart disease, cancer, stroke, and diabetes. The physical environment refers to the things that we get exposed to in our work places, schools, and the general environment. They include air, radiation, water, sounds, crime, and recreational facilities. Our access to health services for instance vaccination, screening, and early treatment is essential in improving our quality of life. Our attitude, for instance optimism affects wellness by interacting with our decisions (University-of-California, 2012)

Physical fitness refers to being in good physical condition sometimes referred to as being in condition or in shape. The health related factors to physical fitness include muscular strength, muscular endurance, cardiovascular endurance, flexibly, and body composition. Muscular strength is the ability of our muscles to exert maximal force in a given motion range. Muscular endurance is the ability of muscles to exert sub maximal force through a certain range of motion, or at a certain point over a specified period of time. Cardiovascular endurance refers to the ability to go on with training of the system over a longer period of time. The ability of a joint to move through full motion range is called flexibility. Body composition is the ratio of lean mass of body to the fat body mass. The skills related factors to physical fitness include speed, agility, power, co ordination, balance, and reaction times (Hoeger & Sharon, 2011).

The Value of Having Health, Wellness, and Physical Fitness The interaction between health wellness is quite essential in our lives because of many benefits that encapsulate. They include reduced risk of premature death, reduced risk of cardiovascular diseases, decrease in resting heart rate, regulation of normal blood pressure, decrease in body fat, increase in HDL and decrease in LDL, and reduced risk of diabetes. Other benefits we gain include joint stability, strengthened bones, increase in muscle mass, increase in resting metabolism,

improved core strength, improved balance and coordination, improved body image and self-esteem, reduced depression, and stress management (Sharkey & Gaskill, 2006).

METHODOLOGY

The four primary components (also known as the components of health related fitness) that are important to improved physical health are as follows:

- 1. Cardiorespiratory capacity is the ability of the body to take in oxygen (respiration), deliver it to the cells (circulation), and use it at the cellular level to create energy (bioenergetics) for physical work (activity). In fitness, we also refer to cardiorespiratory capacity as aerobic capacity. This capacity includes aerobic endurance (how long), aerobic strength (how hard), and aerobic power (how fast). Some of the long-term adaptations of cardiorespiratory training are: decreased resting heart rate, decreased risk of cardiovascular disease, improved endurance, increased stroke volume and cardiac output.
- **2. Muscular capacity** refers to the spectrum of muscular capability. This includes muscular endurance (i.e., the ability to apply force over a long period of time or to complete repeated muscle contractions); muscular strength (i.e., the ability to generate force, or the maximum amount of force that a muscle can exert in a single contraction); and muscular power (i.e., the ability to generate strength in an explosive way). Some of the long-term adaptations of improving muscular capacity are increased strength, improved muscular endurance, increased basal metabolic rate, improved joint strength, and overall posture.
- **3. Flexibility** is the range of movement or amount of motion that a joint is capable of performing. Each joint has a different amount of flexibility. Some of the long-term adaptations of improved flexibility are decreased risk of injury, improved range of motion, improved bodily movements, and improved posture.
- **4. Body composition** is the proportion of fat-free mass (muscle, bone, blood, organs, and fluids) to fat mass (adipose tissue deposited under the skin and around organs). Some of the long-term adaptations of improving body composition are decreased risk of cardiovascular disease, improved basal metabolic rate, improved bodily function, and improved BMI.

Secondary Components of Fitness

The secondary components of fitness (also known as the components of performance based fitness) are involved in all physical activity and are necessary

for daily functioning. Athletes experience different levels of success depending on how well these secondary fitness components are developed. Although the primary components of fitness are thought to be the most important, we should not ignore the secondary components because of their importance in the completion of daily tasks. The secondary components include the following.

- 1. **Balance** is the ability to maintain a specific body position in either a stationary or dynamic (moving) situation.
- 2. **Coordination** is the ability to use all body parts together to produce smooth and fluid motion.
- 3. Agility is the ability to change direction quickly.
- 4. Reaction time is the time required to respond to a specific stimulus.
- 5. **Speed** is the ability to move rapidly. Speed is also known as velocity (rate of motion).
- 6. **Power** is the product of strength and speed. Power is also known as explosive strength.
- 7. **Mental capability** is the ability to concentrate during exercise to improve training effects as well as the ability to relax and enjoy the psychological benefits of activity (endorphins).

Health and Wellness -

Health is a dynamic process because it is always changing. We all have times of good health, times of sickness, and maybe even times of serious illness. As our lifestyles change, so does our level of health. Those of us who participate in regular physical activity do so partly to improve the current and future level of our health. We strive toward an optimal state of well-being. As our lifestyle improves, our health also improves and we experience less disease and sickness. When most people are asked what it means to be healthy, they normally respond with the four components of fitness mentioned earlier cardio respiratory ability, muscular ability, flexibility, and body composition). Although these components are a critical part of being healthy, they are not the only contributing factors. Physical health is only one aspect of our overall health.

The other components of health (Greenberg, 2004, p. 7) that are just as important as physical health include the following:

1. **Social health**-The ability to interact well with people and the environment and to have satisfying personal relationships.

- Mental health-The ability to learn and grow intellectually. Life experiences as well as more formal structures (e.g., school) enhance mental health.
- 3. **Emotional health**-The ability to control emotions so that you feel comfortable expressing them and can express them appropriately.
- 4. **Spiritual health**-A belief in some unifying force. It varies from person to person but has the concept of faith at its core.

Wellness is the search for enhanced quality of life, personal growth, and potential through positive lifestyle behaviors and attitudes. If we take responsibility for our own health and well-being, we can improve our health on a daily basis. Certain factors influence our state of wellness, including nutrition, physical activity, stress-coping methods, good relationships, and career success.

RESULT AND DISCUSSION

A well-rounded physical education class can potentially provide students of all abilities and interests with a foundation of movement experiences designed to help them lead active and healthy lifestyles well after graduation from high school. In addition, effective physical education can provide children with the tools for participating in safe and healthy activities throughout their lives. In spite of physical education having been an integral part of the school curriculum for more than 100 years, obesity rates in the United States continue to rise. Physical education curricula such as CPE, PHA, and the health-fitness club approach offer physical education teachers creative ways to instill the benefits of a healthy lifestyle in their students. Although all three approaches share similar objectives, such as empowering students with the facts about fitness, the benefits of healthy behaviors, and the enjoyment of physical activity, each has a unique set of characteristics Though the roots of physical education actually lie in health promotion, the field has been sidetracked from this mission for several decades (Prussic et al., 2011). The curricular models discussed in this article focus on developing healthy physical activity behaviors (PHA), the understanding of conceptual material along with participation on fitness activities (CPE), and the student's informing physical educators of the similarities and differences among these three models, teachers can set goals for their classes and choose activity experiences to meet those goals, thereby creating a physical education curriculum that is taught using an instructional process reflecting the values of these models (Sieden top & van der Mars, 2012)

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PSYCHOLOGY OF SPORTSMAN'S IN RURAL AREA ABOUT THE GUIDANCE OF COACHING AND TRAINING

B. D. PATIL

Director of Physical Education M. H. Shinde Mahavidyalaya, Tisangi.

#BSTRACT:

Sports psychology is primarily interested in the analysis of behavior of personal the large number of observation and evaluation of individual artsman, a number of personality profiles related to high sports achievement, have determined. The purpose of research work is to call attention to the psychology sportsman's. The present article analyzes the attitude of sport coaches and artsmens, who have participated in the Kho-Kho game to sport psychology and the of a sport psychologist (Martin et al, 2002). In present study we could able to a sport psychology and guidance of coaching and training of sports. This study is also revealed in the rural sports.

*EYWORDS: Sport Psychology, Sportsman, work of a sport psychologist.

INTRODUCTION:

Psychology as a behavioral science, had made its contribution in this regard, it helped the coaches to trained more efficiently and enhance sportsman's performance more proficiently. Sports psychology is an application of principles, methods and techniques of analysis, appraisal and enhancement for optimizing human sport or human athletic behavior White R.W. (1959) Sports psychology as an area of study involves many individuals of diverse backgrounds with a common interest that of **rowing more about athlete and sport Verma B.P. (1990). The participation in modern scrts is influenced by various physical, psychological, sociological and physiological factors. During training, besides good physique and fitness of the athlete, main emphasis is laid on the development of various types of skills involved in the game as as on teaching the strategies, techniques and tactics of the game. Most of the exactes agree that the physical characteristics, skills and training of the players are extremely important, but they also feel that good mental or psychological preparations for completion are a necessary component for success. The results of the psychological preparation of sportsmen depend on the skills of the coach or on the subjectivity/objectivity of the psychologist in the selection of methodologies. METHODOLOGY:

The methods were applied in the research: analysis of specific literature, methodology for the determination of the attitude to sport psychology. Specific literature includes monographs by famous coaches and sportsmen and statements in press regarding these issues. Martin et al (1997) prepared an original methodology for the investigation of attitudes to sport psychology. For the present research, its modified version, the Sport Psychology Attitudes-Revised Form (SPA-R) (Martin, Kellmann, Lavallee, 2002), was used.

RESULT AND CONCLUSIONS:

The participation in sports rather influence all aspects of athlete's personality and help in gaining poise, and balance, refreshing the spirits, renewing the inner life with ease and calmness. At the same time the participation in modern sports is influenced by various physical, physiological, sociological, and psychological factors. Until recently, the coaches have been paying inadequate attention to the psychological factors which although have been proved to contribute to performance in events in the higher competitive sports. So now the sports trainers and coaches have started giving more importance to the impact of psychological factors building the mental makeup of the players and its resultant influences on their performance in the national and international competitions. Therefore, in the present study an attempt has been made to probe the relation between psychology and guidance of coaching and training of sports.

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Contemporary Issues in Humanities

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प्रभा खेतान के साहित्य में स्त्रीवाद

– प्रा. वसुंधरा उदयसिंह जाधव

हिंदी विभाग प्रमुख, म. ह. शिंदे महाविद्यालय, तिसंगी, ता. गगनबावडा, जि. कोल्हापूर

स्त्रीवाद का स्वरूप:

परंपरा से हम देखते आए है कि समाज में स्त्री को किनष्ठ दर्जा दिया गया है। इसलिए परंपरागत बंधनों से बाहर निकलकर स्त्री को मानव के रूप में स्वीकार करना आवश्यक है। फ्रेंच लेखिका 'सिमोन द बोआ' ने नारी की स्थिति रुपष्ट करने के लिए 'द सेकंड सेक्स' नामक पुस्तक लिखी। जिसका हिंदी में अनुवाद 'स्त्री उपेक्षित' नाम से प्रभा खेतान ने किया। उसमें स्त्रों की स्थिति के बारे में सिमोन ने कहा है, ''जब हम मानव शब्द का उच्चारण करते हैं, तो उसमें पुरुष और स्त्री दोनों समाहित होते हैं।''

लेकिन आज भी उसे मनुष्य का दर्जा नहीं मिला। क्योंकि समाज का परिवेश और परिवार उसे नारी को नारीही बनाये रखता है। हमारी पुरुष प्रधान समाज व्यवस्था उसे खीत्व गुण सिखाकर आदर्श नारी के रूप में ढालती है। उसे समाज में खी कैसी होनी चाहिए इसकी एक प्रतिमा तैय्यार की गई है। समाज में केवल पुरुषही नहीं स्त्री भी उस प्रतिमा में अटकी हुई है। इसके बारें में सिमोन ने कहा है, ''औरत को औरत होना सिखाया जाता है। औरत बनी रहने के लिए अनुकुल बनाया जाता है।''

नारी को जन्म से लेकर मृत्यु तक विभिन्न समस्याओं का सामना करना पडता है। आज तो नारी गर्भ में भी सुरक्षित नहीं है। स्नी-भ्रुण हत्या हो रही है। स्नी को घर और बाहर दोनो जगह शोषण का सामना करना पड रहा है। नारी इस अन्याय-अत्याचार के विरोध में खडी हो रही है। स्नीवाट याने पुरुष विरोधी नहीं। इस संबंध में डॉ. विद्युत भागवत स्नीवाद का स्वरूप स्पष्ट करते हुए कहा है, - ''वैयक्तिक, सामाजिक, आर्थिक, राजनैतिक स्तरों पर स्नी पर जो अन्याय-अत्याचार के विरोध में संधर्ष की तैय्यारी रखना ही स्नीवाद को अपनाना है।''

अनेक महिला साहित्यकारों ने अपने साहित्य द्वारा समाज की पुरुषी मानसिकता बदलने का प्रयत्न किया। स्वातंत्र्योत्तर काल में राजनीतिक, आर्थिक, सांस्कृतिक, सामाजिक क्षेत्र में परिवर्तन आ गया। उसी प्रकार समाज की स्त्री की स्थिति में भी परिवर्तन जीवन-मृल्यों में व्यापक परिवर्तन हुआ। हिंदी साहित्य में कृष्णा सोंबती, मृदूला गर्ग, मालती जोशी, कृष्णा अग्रिहोत्री, मैत्रेयी पुष्पा, राजी सेठ, मंजूल भगत, प्रभा खेतान आदि लेखिकाओंने अनेक संघर्षशील नायिकाओं का चित्रण करके परिस्थितियों का डटकर सामना करने की सीख वी।

प्रभा खेतान ने अपने साहित्य के माध्यम से और एक सफल व्यापारी बनकर भारतीय स्त्रियों के सामने आदर्श रखा। व्यापार करने के लिए वह विदेशों में घूमती रही। एक स्त्री होने के नाते स्त्री की पीड़ा को भलीभाँति परिचित है। अमेरिका, चीन, कोरीया की स्त्री की पीड़ाओं को लेकर उन्होंने लिखा है। स्त्री की पीड़ा विश्व के हर स्थल पर समान विषय है। वह कहती है-'ये अमेरिको औरते भी हम भारतीय औरतों की

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M. H. Shinde Mahavidyalaya, Tisangi Tal. Gaganbayada, Dist. Kolhapur. तरह असहाय हैं। केवल पैंट पहनने और मेकअप करने से औरत सबल नहीं हो जाती।"

प्रभा जी को लगता है स्त्री में केवल पढ़ने से, अध्ययन चिंतन से स्वतंत्रता नहीं आ जाएगी। ''संस्कारों से परंपरा से मुक्ति की यात्रा बहुत लंबी है और बड़ी कठीन। पीढ़ियों से छवि बन चुकी है।' याने समाज ने स्त्री एक तस्वीर बनाई है उसी तरह समाज स्त्री को देखना चाहता है।

पुरुष व्यवस्था में हीनभाव :

प्रभा खेतान ने पुरुषप्रधान समाज व्यवस्था मे स्त्री को मिल रहे किनष्ठ स्थान का वर्णन किया है। छिन्नमस्ता की प्रिया हमेशा माँ के प्यार को तरसती है। सांवली कुरुप प्रिया को देखकर माँ सोचती है 'हे राम जी इसकी नैया कौन-सी घाट लगेगी?' प्रिया को लगा शादी के बाद कोई शोषण नहीं करेगा। लेकिन जीवनभर पुरुषप्रधान समाज व्यवस्था से उसे शोषण का सामना करना पड़ा। प्रिया की तरह 'स्त्री पक्ष' की वृंदा भी उपेक्षित रही। उसके पिता, भाई को अधिक प्यार करते। तो माँ हमेशा उसे बोझ समझती। वृंदा विवाह न करके किसी आश्रम में रहना चाहती है। पर माँ कहती है, ''आश्रम के पिंजडे में बंद होने से तो अच्छा है की तू पित के घर पर रहे। पित रुपी पुरुष से अधिक सुरक्षा भला कौन दे सकता है?'' इसप्रकार हमेशा पुरुष के सहारे के बिना स्त्री सुरक्षित नहीं ऐसा माना जाता हैं। 'अपने अपने चेहरे' की रितू पित के अन्य स्त्रियों से संबंधों के कारण मायके आना चाहती है तब माँ ने उसे कहा, ''मेरे घर में जगह नहीं। रहना है तो ससुराल में रह नहीं तो कुएँ में पड़।'' भारतीय समाज में विवाह बहुतही जरुरी हैं। क्योंकि आज भी अविवाहित लड़की की ओर शक की निगाहों से देखा जाता हैं।

शारीरिक शोषण की शिकार :

प्रभा खेतान ने अपने लेखन द्वारा शारीरिक शोषण की बात उठाई। 'छिन्नमस्ता' की प्रिया बचपन से लेकर विवाह के बाद भी शारीरिक शोषण की शिकार होती रही। दस साल की उम्र में प्रिया का बडा भाई उसपर बलात्कार करता रहा। प्रिया ने शादी के बाद तो प्यार मिलेगा ऐसी अपेक्षा की थी लेकिन प्रिया का पित नरेंद्र जानवर से कम नहीं था। प्रिया को वह एक वस्तु समझता था। 'अग्निसंभवा' में भी प्रभाजी ने स्वी के शारीरिक शोषण की बात उठाई हैं।

औरत का अकेलापन :

प्रभाजी ने 'आओ पेपे घर चलें' इस उपन्यास के माध्यम से अमेरिका जैसे संपन्न देश में भी सन्नी की स्थिति कैसी होती है इसपर प्रकाश डाला है। प्रभाजीने देखा था, आइलिन मिसेज डी, हेल्गा, केथरीन मरील जैसी महिलाएँ संपन्न होकर भी दुःखी है। सत्तर वर्षीय आइलिन दो पतियों और पाँच प्रेमियों को याद करती कत्ते पेपे को बेटा मानकर अकेलेपन के दुःख को भूलना चाहती है।

विद्रोही नारी का चित्रण :

प्रभा खेतान ने अपने साहित्य में विद्रोही नारी का चित्रण किया है। 'छिन्नमस्ता' की प्रिया में विद्रोही स्वर दिखाई देता है। जो पारंपारिक तरीके से जीना नहीं चाहती। पारंपारिक विवाह संस्था प्रभाजीने मान्य नहीं है। उन्होंने विवाहित पाँच बच्चों के पिता से रिश्ता जोडकर समाज की परंपराओं को तोडा है। 'अन्या से अनन्या' में प्रभाजी कहती है, ''मैं प्रभा खेतान... मैं कौन हूँ? क्या मेरी कोई पहचान नहीं है? मैं सधवा नहीं क्योंकि मेरी शादी नहीं हुई, मैं विधवा नहीं....क्योंकि मेरा कोई दिवंगत पित नहीं, मैं कोठे पर बैठी हुई रंडी

भी नहीं.... क्योंकि मैं अपने देह का व्यापार नहीं करती हूँ। स्वेच्छा से एक जीवन का वरण् किया है। तब मैं क्या हूँ?'' प्रभाजी को विद्रोही स्वभाव उनकी माँ से उन्हे मिला था। उनकी माँ हमेशा उँची महत्त्वाकांक्षा रखने को कहती थी, ''चाँद को छूने की कल्पना करो तो खजूर के पेड तक पहुँचोंगे।'' प्रभाजीने अकेले रहकर भी व्यापार में सफलता प्राप्त की। वह सोचती है- ''इन तमाम दवावों के बीच मुझे बहुधा लगता कि मैं बिलकुल स्वतंत्र हूँ, वयोंकि मैं अकेली हूँ। जीने के लिए आखिर क्या चाहिए, और कितना? जितना चाहिए, उतना भेरे पास है। मैं अकेले जीकर दिखा दूँगी।'' प्रिया के चरित्र द्वारा प्रभाजी ने विद्रोही नारी खडी की है। प्रिया अपने सहपाठी से कहती है, – ''विद्रोह की भाषा मैं भूल चुकी हूँ। मैं जिन्दगी में क्रान्ति चाहती हूँ। मैं अपनी जिंदगी की तारीख खाली पन्नों पर खुद लिखी है।''

आधनिक की आत्मनिर्भरता :

आज हर स्त्री को आत्मिनिर्भर होना चाहिए। प्रभा खेतान 'स्त्री उपेक्षित' में स्त्री संबंधी विचार व्यक्त किए- ''औरत की नियती क्या है? ऐसे प्रश्न खंडे करके नारी को संघर्ष के लिए प्रेरित करती है। वह कहती है, - स्त्री अमीर हो या गरीब, खेत हो या काली, उसे अपनी लडाई खुद लड़नी होगी।''

आधुनिक नारी की तपस्या :

प्रभाजी सोचती है कि अभी नारी को मनुष्य श्रेणी में नहीं गिना जाता। इस संबंध में एक बार प्रभा खेतान महादेवी वर्मा और अमृता प्रीतम की आधुनिक 'स्ती' के बारे में चर्चा हुई। तब प्रभाजी ने कहा था – ''ओरत के लिए केवल प्यार ही काफी नहीं व्यवित बनने के लिए उसे और भी कुछ चाहिए। धन – मान, अभिव्यवित की स्वतंत्रता सभी कुछ।'' उस समय महादेवी जी ने स्त्री को लेकर विचार व्यक्त किए – ''आधुनिक स्त्री की तपस्या, पार्वती की तपस्या से भिन्न है। आज की पार्वती के लिए केवल पति ही काफी नहीं। पुरुष ने शिव के अलावा सत्य और सुंदर को चाहा तो स्त्री क्यों नहीं अपने जीवन में इसकी माँग करें?'' इसप्रकार आज की स्त्री की तपस्या सिर्फ शिव को पाने की नहीं तो जीवन की सुंदरता की चाह भी होनी चाहिए।

प्रभा खेतान के साहित्य के केंद्र में नारी:

प्रभा खेतान के साहित्य के केंद्र में नारी ही रही है। उन्होंने अपने लेखन द्वारा खी प्रश्नों को वाणी देने का प्रयत्न किया है। प्रभा जी ने भारतीय खी के साथ पाशाच्य नारी का चित्रण भी किया है। 'आओ पेपे घर चले' उपन्यास में आइविन, प्रभा मिसेज डी, मरीत हेल्गा, कैथरिन आदि संघर्षशील नारी चरित्रों का चित्रण किया है।

'तालाबंदी' उपन्यास में रेखा और सुमित्रा के माध्यम से व्यावसाईक समस्याओं को उजागर किया है। 'अपने अपने चेहरे' उपन्यास के द्वारा दूसरी औरत होने दर्द व्यक्त किया है। और साथ में संपन्न घरों की क्षिया सिर्फ शरीर सँवारने तथा साडियों और गहनों में अटक जाती है। इस उपन्यास की पात्र रमा के शब्दों में- ''देखो रीतू, पुरुष की व्यवस्था ने हर गुनाह के लिए औरत को जिम्मेदार ठहराया है। जबिक गुनाह खुद पुरुष करता है। यह व्यवस्था उसने बनाई है। वह रीति-रिवाज, रिश्ते-नाते सब उसके खेल है। हम तो केवल बिसात में बिछी मोहरे मात्र है।'' इसप्रकार पुरुष प्रधान समाज व्यवस्था में स्त्री की स्थिति के बारें में विचार व्यक्त किए हैं।

'छिन्नमस्ता' के 'प्रिया' के चरित्र के माध्यम से छोटी बन्चियों पर होनेवाले शारीरिक अत्याचार के

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प्रश्न को उठाया है। प्रिया बचपन से लेकर शादी के बाद भी लैंगिक शोषण का शिकार रही है। जीवनभर शोषित उपेक्षित जीवन पाकर भी संघर्ष से सफल जीवन प्राप्त करती है। आधुनिक खी के समक्ष प्रेरणा के रूप में खड़ी होती है।

प्रभाजी ने 'पीली आंधी' उपन्यास द्वारा सोमा, पदमावती, नीमली बाई, चित्रा आदि नारी पात्रों के माध्यम से नारी अपने जमीन की तलाश में निकल पड़ी है यह दिखाया है। 'ख्री पक्ष' की वृंदा, 'अग्रिसंभवा' की 'आइवी', 'एड्स' की प्रभा के चरित्र के माध्यम से ख्री मन का अंतर्दृद्व दिखाया है।

प्रभा खेतान ने इसप्रकार अपने साहित्य द्वारा स्त्री प्रश्नों को वाणी देने का प्रयत्न किया है। निष्कर्ष :

भारतीय समाज जीवन में स्त्री को किनष्ट दर्जा दिया गया है। हमारी समाज व्यवस्था पुरुष प्रधान है। इसिलए उसे समाज में दुय्यम बनकर ही रहना पडता है। समाज व्यवस्था ने नारी को एक प्रतिमा में जखड़ा है। स्त्रीत्व के आदर्श रूप की प्रतिमा में पुरुष ही नहीं स्त्री भी अटकी हुई है। नारी को जन्म से लेकर मृत्यु तक विभिन्न समस्याओं का सामना करना पडता है। आज तो नारी गर्भ में भी सुरक्षित नहीं है। आज की नारी इस अन्याय-अत्याचार के विरोध में खड़ी हो रही है। स्त्रीवाद याने पुरुष विरोधी नहीं विद्युत भागवत स्त्रीवाद के बारे में कहा है 'स्त्री पर होनेवाले अन्याय-अत्याचार के विरोध में संघर्ष करना स्त्रीवाद है'।

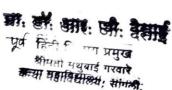
अपने साहित्य के माध्यम से अनेक महिला साहित्यकारों ने समाज की पुरुषी मानसिकता बदलने का प्रयत्न किया। अनेक संघर्षशील नायिकाओं का चित्रण करके परिस्थितियों का डटकर सामना करने की सीख दी। साहित्यकार प्रभा खेतान ने अपने साहित्य के माध्यम से और एक सफल व्यापारी बनकर भारतीय श्चियों के सामने आदर्श रखा।

प्रभा जी ने बचपन से अपने आस-पास की औरतों का दुःख देखा था। प्रभाजी को अपने अध्यापक का कहना सच लगता है वे कहते थे कि, 'श्री होना कोई अपराध नहीं है पर नारीत्व की आँसू भरी निचता स्वीकारना बहुत बड़ा अपराध है।' इसिलए वो सोचती है कि औरत को आत्मिनर्भर होना चाहिए। जिंदगी में जोखीम उठाना सीखना चाहिए। आज की आधुनिक स्त्री की तपस्या पार्वती की तपस्या से भिन्न है। आज की पार्वती शिव के साथ-साथ सत्य और सुंदरता भी माँग करती है। इसप्रकार प्रभाजी ने साहित्य और जीवन के माध्यम से एक नई सोच रखी है।

सद्भे ग्रथ :

- १) स्त्री उपेक्षिता प्रभा खेतान
- २) स्त्री जीवनाची गुंतागुंत विद्युत भागवत, शर्मिला रेगे, वंदना पलसाने
- ३) अन्या से अनन्या प्रभा खेतान
- ४) छिन्नमस्ता
- ५) आओ पेपे घर चले -
- ६) प्रभा खेतान के साहित्य में नारी विमर्श डॉ. कृष्णा जाखड
- ७) प्रभा खेतान का औपन्यासिक संसार : डॉ उषाकीर्ति राणावत

2 muss



पुरूषप्रधान व्यवस्था में अधिकारों से वंचित नारी

प्रा. वसुंधरा जाधव

म. ह. शिंदे महाविद्यालय, तिसंगी, ता.गगनबावडा, जि. कोल्हापुर मोबाईल — ९४२१२८२५६१

प्रस्तावना :

साहित्य समाज से संबंध जोडकर ही अपनी पहचान बना लेता है । तो साहित्यकार अपने युग की चेतना, परिवेश, समस्याओं से जुडकर साहित्य निर्माण के लिए प्रवृत्त होता है । भारतीय समाज में आर्थिक, धार्मिक, सामाजिक दृष्टि से असमानता है । विकास की प्रमुख धारा से दलित, आदिवासी, किसान, मजदूर और नारी को वंचित रखा जाता हैं । समाज तथा परिवार नें नारी को हमेशा अपने अधिकारों से वंचित रखा है । प्राचीन काल से नारी को दासी के रूप में देखा है । नारी देह को भोग की वस्तु माना है । आज इक्कीसवीं सदी में भी नारी पुरूषी अन्याय—अत्याचार एवं शोषण से मुक्त नहीं हो पाई है ।

अनेक लेखिकाओं ने नारी पर होनेवाले अन्याय—अत्याचार, शोषण, आर्थिक स्वावलंबन, 'स्व' का बोध आदि विषयों पर प्रकाश डाला । इन लेखिकाओं में प्रमुखतः से मन्नू भंडारी, मृदुला गर्ग, प्रभा खेतान, ममता कालिया, राजी सेठ, सूर्यबाला, शिवानी, कृष्णा सोबती, मैत्रेयी पुष्पा, मधु कांकरिया, उषा प्रियंवदा आदि ने नारी के अनेक प्रश्नों को वाणी दी। नारी के एक भी पहलू को अछूता नहीं रखा।

इन लेखिकाओं में प्रभा खेतान का नाम विशेष उल्लेखनीय है। प्रभा जी ने किवता, उपन्यास, वैचारिक लेखन के माध्यम से नारी को अपने 'स्व' के प्रति जागरूक किया है। नारी को अपने लेखन द्वारा आर्थिक सबलता का महत्त्व बताया। भारतीय पुरूषसत्ताक समाज स्त्री को अपने अधिकारों से वंचित रखता है। भले ही भारतीय संविधान ने नारी को कानूनन पुरूष के बराबर का दर्जा दिया हो, पर भारतीय पुरूषसत्ताक समाज नारी को संस्कृति, परंपरा तथा नैतिकता की बेडियों में जकडकर रखना चाहता हैं। आज भी समाज तथा घर—परिवार में पुरूषों की तुलना में स्त्री का स्थान दोयम दर्जे का है। इस संदर्भ में डॉ. प्रियांका माथूर लिखती है, ''स्त्री—पुरूष के मध्य लिंगभेद सार्वभौमिक है, शिक्त, एवं स्वामित्व सदैव ही पुरूष के हाथ में केंद्रित रहा हैं।''

TRUE COPY

S.B. Khade Mahavidyalaya, Koparde

M. H. Shinde Mahavid Tal. Gaganbayada, Di 63

प्रभा जी ने हमेशा इस दोयम स्थान के विरूद्ध आवाज उठाया है उनका मानना है कि 'स्त्री पैदा नहीं होती उसे स्त्री बना दिया जाता है ।' प्रभा जी का 'स्त्रीपक्ष' उपन्यास इस मत को पुष्टि देता है । उनके द्वारा लिखे अन्य उपन्यासों में ज्यादातर उपन्यास उच्चवर्ग में होनेवाले स्त्री शोषण पर आधारित हैं, पर 'स्त्रीपक्ष' उपन्यास में मध्यवर्ग के आम घरेलू स्त्री की मानसिकता का चित्रण है । यह सन १९९९ में 'जनसत्ता सबरंग' में प्रकाशित प्रभाजी का अंतिम उपन्यास है । 'स्त्रीपक्ष' उपन्यास के माध्यम से प्रभाजी ने स्त्री के किशोरवयीन लडकी से लेकर एक निर्णयक्षम औरत बनने के प्रवास को दिखाया है ।

'स्त्रीपक्ष' उपन्यास में वृंदा के चरित्र के माध्यम से भारतीय समाज में लडकी को मिलनेवाला दुय्यम स्थान और पितृसत्ताक व्यवस्था में नारी के अनेक प्रश्नों को वाणी दी है । उपन्यास की नायिका वृंदा मध्यवर्गीय परिवार की लड़की है । समाज तथा परिवार में लडका—लडकी दोनों के परवरिश में भेद किया जाता है । वृंदा को लंडकी होने के कारण उसके माता-पिता से भेदपूर्ण व्यवहार होता है । परिवार से लडका होने के नाते भाई पर बेहद प्यार लेकिन लडकी होने के कारण वृंदा के साथ अपनत्व नहीं जताया जाता । पिता के प्यार भरे स्पर्श के लिए वह तरसती है । परंतु उसके नसीब में लाड, प्यार, दुलार बिल्कुल नहीं है । इस प्रकार वृंदा का बचपन माँ—बाप के कठोर अनुशासन में बीतता है । उसे किसी पुरूष मेहमान या चाचा-चाची के सामने तक आने नहीं दिया जाता । किशोरवयीन वृंदा अपने आसपास का पुरूष व्यवस्था का वर्चस्व तथा देवताओं में पुरूष देवताओं का वर्चस्व अधिक देखकर सोचती है, ''अखबार में कितने पुरूषों की तस्वीर छपती. कितने नेता, इस देश के कर्णधार अवतार पुरूष, परमहंस देव, विवेकानंद भगवान भी तो पुरूष हैं — राम, कृष्ण, शंकर । पहले हम कहते हैं — हे भगवान ! और भगवान शब्द पुरूष सत्ता का प्रतीक हैं । देवियाँ तो मानो किसी पुरानी सभ्यता के अवशेष चिह्न हों, जिन्हें अब देवताओं की कृपा पर निर्भर करना पडता है । माँ दुर्गा का स्वरूप निर्धारण देवताओं ने किया, विष्णु ने उन्हें चक्र दिया, शंकर ने त्रिशूल और ब्रह्मा ने . . .? वे शेर की सवारी पर निकली थी, शेरनी पर क्यों नहीं?''

इस प्रकार रूढि—परंपरा से स्त्री को कैसे पुरूष दासता के बंधन में रहना पडता है यह वृंदा के मन के नाना सवालों द्वारा अभिव्यक्त किया है। भारतीय समाज में बचपन से ही लडिकयों पर बिंबित किया जाता है कि उसे सुरक्षितता के लिए पुरूष की आवश्यकता होती है। पुरूष के आधार के बिना वह जी नहीं सकती। बचपन में पिता, शादी के बाद पित और बुढापे में बेटे का आधार लेना पडता है। इस संदर्भ में प्रभाजी कहती **हैं, ''समाज औ**र माता—पिता द्वारा स्त्री को शुरू से आत्मदान की ही शिक्षा दी गयी **है**।''

वृंदा की परविरिश भी पुरूष व्यवस्था के अधीन परिवार में हुई है । इसी कारण वृंदा को सुरक्षा की जरूरत लगती है । दुनिया से संरक्षण देनेवाले पुरूष रूप में वह पित को देखती है । अपने स्वतंत्रतावादी विचारों को दूर रखकर माँ—पिता की इच्छा से मेडिकल के अंतिम वर्ष में पढनेवाले सुमित से वृंदा शादी करती है । अब रोजमरी की दिनचर्या के साथ उसका जीवन चल रहा है । सुमित अच्छा सर्जन बनता है । वृंदा और सुमित रीया और रचित नामक बच्चों के माँ—बाप बनते हैं ।

वृंदा अभी भी लडका—लडकी भेदभाव देखकर दु:खी होती है । सुमित और उसका परिवार रीया के जन्म पर उदासी दिखाते हैं और बेटे रचित के जन्म पर उल्लास से पार्टी का आयोज़न करते हैं । पीढी बदल गई है पर लडका—लडकी के जन्म में भेदभाव होता ही रहा है । स्वयं प्रभा जी भी इस भेदभाव पूर्ण व्यवहार से गुजरी थीं ।

विवाह के बाद वृंदा का जीवन एक मध्यवर्गीय सामान्य स्त्री जैसा अपने पति और बच्चों के लिए परिश्रम करते गुजर रहा है । डॉ. सुमित एक अच्छा सर्जन बनता है । अच्छा कमाने लगता है । अपने कमाई पर गर्व महसूस करता है । वृंदा अठारह घंटे तक घर के कामों में उलझी रहती है। लेकिन उसके कामों का कोई मूल्य नहीं । सुमित घर बाहर जाकर पैसे कमाता है इसीकारण उसका समाज और परिवार में स्थान बढता है। धीरे—धीरे उसका वर्तन में बदलाव आ जाता है। अपने आशियाने मिजास से वह अपनी पडोसन देविका, डॉ.सुनीता तथा अन्य स्त्रियों से विवाहबाह्य संबंध रखता है । इसके बारे में वृंदा सुमित को बार-बार टोकती है, लेकिन वह ध्यान नहीं देता । सुमित का मानना है कि अगर वह वृंदा और बच्चों की परवरिश करता है तो उसके विवाहबाह्य संबंधों के लिए स्वीकृति देनी चाहिए। दिन—ब—दिन डॉ. सुमित के विवाहबाह्य संबंध बढने लगते हैं। अब तो वह सुनीता के साथ शादी करके उसे घर ले आना चाहता हैं। इसीकारण शादी के इतने सालों बाद वृंदा को तलाक देकर उसे घर से बाहर निकालना चाहता है । बार—बार मिन्नते करने पर भी पति सुमित तलाक के पेपर पर हस्ताक्षर करने के लिए वृंदा को मजबूर करता है, उस समय वह पित के चरणों पर गिरकर घर में पनाह और दैनंदिन खर्चे के लिए, बच्चों की परवरिश के लिए पैसों की माँग करती है। समाज में स्त्री की असुरक्षा का डर उसके मन में बचपन से बैठ गया है इसीकारण तलाक के विचार से

भी वह असुरक्षा महसूस करती है । इतने सालों से परिवार के लिए किया परिश्रम कोई मायने नहीं रखता । उसे समाज में उपेक्षा भाव का सामना करना पडता है ।

वृंदा पित से तलाक लेने के बाद अपने पैरों पर खडी होना चाहती है । वह एक बुटीक खोलती है। अपने बच्चों की परविरश बडे प्यार से करती है। बच्चों को पिता से मिलने से नहीं रोकती । समय के साथ बच्चे बड़े होते हैं । वृंदा के जीवन में आर्जव नामक युवक आता है । वह पेंटिंग करता है पर उसे नौकरी नहीं है । आर्जव वृंदा से उम्र में छोटा है। वह वृंदा के घर में रहने लगता है। वृंदा के साथ—साथ वह बच्चों को भी अपना लेता है। दोनों शादी करते हैं पर आर्जव को मुंबई में काम मिलता है तो वह सब कुछ छोडकर वृंदा को अपने साथ चलने को कहता है। वह भी पुरूषप्रधान व्यवस्था में पलकर बडा हुआ है। भारतीय समाज में पति जहाँ रहता है पत्नी को उसके साथ जाना पडता है । पर वृंदा अब आत्मनिर्भर स्त्री बन गई है । वह अब आज्ञाकारी पत्नी बनकर घसीटना नहीं चाहती । 'इसलिए वृंदा बडे संयम, से आर्जव से कहती है — ''मैं यहीं रहूँगी ।'' वृंदा को अब आत्मनिर्भरता का महत्त्व मालूम हुआ है । वह अपने पैसों से घर बनाने का सपना देख रही है । उसमें निर्णय लेने की क्षमता निर्माण हो गई है । इसी कारण वह अब किसी पुरूष से सुरक्षितता की आस नहीं रखती । अपनी बेटी रिया की दोस्त बन जाती है । घर को पुरूष की कमी महसूस नहीं होने देती । इस प्रकार प्रभाजी ने 'स्त्रीपक्ष' उपन्यास के माध्यम से पुरूषसत्ताक समाज व्यवस्था में स्त्री को कैसे उसके अधिकारों से वंचित रखा जाता है इसका सजीव चित्रण किया है । साथ ही स्त्री का आर्थिक सक्षमीकरण निर्णयक्षमता के लिए जरूरी है यह भी व्यक्त किया है । स्त्री अब पति के साथ घसीटकर जाने के बदले अपनी कमाई पर स्वाभिमान से जीना चाहती है।

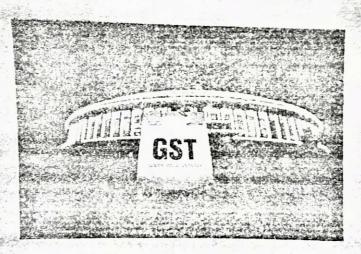
निष्कर्ष :

भारतीय समाज में स्त्री—पुरूष में भेदपूर्ण बर्ताव दिखाई देता है । पुरूषप्रधान संस्कृति ने स्त्री को घर के काम में जखड़कर रखा है । पुरूष बाहर जाकर काम करता है, पैसे कमाता है, इसलिए उसका स्थान उँचा और स्त्री के घर के काम का कोई मूल्य नहीं । पित पत्नी का भरण पोषण करता है और उसे सारे अधिकारों से वंचित रखता है । स्त्री को बचपन से ही नाना बंधनों में जखड़ा जाता है । उसके साथ उपेक्षा का व्यवहार माँ के गोद से शुरू हो जाता है । स्त्री सभी अवस्थाओं में उपेक्षित रहती है । उसे पिता, पित या बेटे पर निर्भर रहना पड़ता है । पुरूष की कामयाबी पर उसकी प्रशंसा होती है लेकिन स्त्री घर में कितनी भी मेहनत करें, पर

एक प्यार का शब्द तक उसके नसीब नहीं होता । असुरक्षा की भावना से वह हमेशा ग्रस्त रहती है । उपन्यास की प्रमुख पात्र वृंदा भी असुरक्षा महसूस करती है । इसिलए तलाक के वक्त अपना स्वाभिमान छोड़कर अपने पित के चरणों पर गिडिगिडाती है । वृंदा कमाती नहीं इसिलए उसकी असहायता का लाभ उठाकर पित डॉ. सुमित मनमानी करता है । भारतीय समाज में आज भी पुरूष व्यवस्था का प्रतिक सुमित जैसे अनेक पुरूष व्यवहार करते है । परंपरा, रीति—रिवाजों में स्त्री को दुय्यम स्थान दिया है । समाज नैतिक मानदंडों से पुरूष को छूट देता है और स्त्री से मर्यादा की अपेक्षा करता है । बेटी का जन्म हो पर वह दूसरे के घर, आज परिवार स्त्री—भूण हत्या, बेटा—बेटी परविरंश में भेद दिखाई देता है । समाज में स्त्री को अपने अधिकारों से वंचित रखा जाता है ।

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राष्ट्रीय अखंडत्वाच्या दृष्टीकोनातून इंदिरा गांधीची भूमिका : विशेष संदर्भ ऑपरेशन चू स्टार'

प्रा. जे. एस. जाघव, म.ह. शिंदे महाविद्यालय, तिसंगी, ता. गगनवावडा, जि. कोल्हापूर. सहा. प्राध्यापक, इतिहास विभाग,

प्रस्तावना :

स्वतंत्र भारताच्या पहिल्या महिला पंतप्रधान व आयर्न लेडी म्हणून ज्यांची इतिहासात नोंद घेतली जाते असे व्यक्तिमत्व म्हणजे इंदिरा गांधी होय. स्वतंत्र भारताच्या एक सक्षम आणि कर्तृत्ववान पंतप्रधान म्हणून इंदिरा गांधीचा उल्लेख केला जातो. इ.स. १९६६ मध्ये त्यांनी देशाच्या तिसऱ्या पंतप्रधान म्हणून सुत्रे हातात घेतली. त्यांची पंतप्रधान म्हणून १५ वर्षांची कारकीर्द जितकी संघर्षमय तितकीच देशाच्या प्रगतीच्या दृष्टीने लक्षणीय ठरली.आंतरराष्ट्रीय राजकारणासुध्दा एक अत्यंत प्रभावशाली व्यक्तिमत्तव म्हणून त्यांचे नाव आदराने घेतले जात होते.

भारताला एक आधुनिक, स्वावलंबी, समर्थ राष्ट्र बनवण्यावरोबरच, कृषी, औद्योगिक आणि वैज्ञानिक क्षेत्रात झालेली प्रगती हे त्यांच्या कारकीर्दीचे खास वैशिष्टये होय. इंदिरा गांधींच्या काळात अनेक महत्वपूर्ण घडामोडी देशात घडत गेल्या होत्या. त्यामध्ये विशेषतः इ.स. १९७५ ची आणीवाणी, इ.स. १९७१ चा वांग्लादेश मुक्तीसंग्राम आणि ऑपरेशन

इंदिर गांधीच्या काळात देशात् विविध क्षेत्रात नेत्रदिपक कामगिरी झालेली दिसून येते. पण भारताच्या इतिहासाच्या दृष्टीकोनातून त्यांच्या काळात घडून गेलेली व देशाच्या इतिहासाला कलाटणी देणारी घटना म्हणजे 'ऑपरेशन ब्लू स्टार'

'पंजाब' मध्ये शिखांचा वाढता दहशतवाद, स्वतंत्र खलिस्तान निर्मितीची मागणी आणि त्यामुळे देशाच्या एकात्मतेला आणि अंतर्गत शांततेला निर्माण झालेला घोका लक्षात धेता इंदिरा गांधीनी तत्कालीन परिस्थितीत घेतलेली भूमिका ही देश हिताच्या आणि राष्ट्रीय एकात्मतेच्या दृष्टिकोणातून अत्यंत महत्वाचीच होती असे आपणास म्हणता येते.

पंजावमधील शीखांच्या दहशतवादी कारवायांचे उच्चाटन करण्यासाठी त्यांनी ३ जून, १९८४ ते ६ जून १९८४ या काळात शीखांचे पवित्र धर्मस्थळ सुवर्णमंदिरावर लप्करी कारवाई करून पंजाबमधील दहशतवाद व फुटीरवादी प्रवृत्ती मोडून काढली व देशाचे अखंडत्व कायम राखले. मात्र त्यांच्या या ऑपरेशन ब्लू स्टारमूळे शीख समुदयाच्या मनामध्ये त्यांच्याविषयी सुडाची भावना वाढत गेली व त्याची परिणीती म्हणजे ३१ ऑक्टोंबर, १९८४ रोजी दोन शीख सुरक्षा रक्षकांनी त्यांची गोळया घालून हत्या केली.

थोडक्यात, ऑपरेशन ब्लू स्टारने इंदिरा गांधी सारखे व्यक्तिमत्व कामी आले मात्र देशाची अखंडता, एकात्मता आणि धर्मसहिष्णुता मात्र कायम राहिली.

राजकीय पार्श्वमुमी:

इंदिरा गांधी पर्वातील अनेक महत्वपूर्ण घटनापैकी इ.स. १९७५ सालची ''आणीवाणी'' महत्वपूर्ण होती. आणीबाणीनंतर इंदिरा गांधींना राजकीय पराभवास सामोरे जावे लागले होते. इ.स. १९७७ मध्ये देशात झालेल्या सार्वत्रीक निवडणुकीमध्ये कॉग्रेसचा दारूण पराभव याला व पहिल्यांवाच देशात गैर कॉग्रेसी सरकार स्थापन झाले होते. इ. स. १९७७ मधील पराभवामुळे कॉंग्रेसमधील काही जेष्ठ नेते व इंदिरा गांधी यांच्यामध्ये मतभेद निर्माण होण्यास सुरूवात झाली होती. तर कॉग्रेसमधील तरूण वर्ग मात्र इंदिरा गांधींच्या पाठीशी टामपणे उभा राहिलेला होता. कॉग्रेसमधील या अंतर्गत अशांततेचे रूपांतर शेवटी पक्ष विमाजनात झाले आणि त्यामधून ब्रम्हानंद रेड्डी यांच्या नेतृत्वाखाली 'कॉग्रेस-आर' व इंदिरा गांधी यांच्या नेतृत्वाखाली 'कॉग्रेस आय' गटाचा उदय झाला. है

इंदिरा गांधींच्या 'कॉग्रेस आय' या नव्याने स्थापन झालेला पक्षाने अल्पावधीतच लोकप्रियता मिळवली होती. त्यामुळे जनता सरकारची निष्कीयता आणि इंदिराजींची लोकप्रियता यामुळे इ.स. १९८० मध्ये परत भारताच्या राजकीय पटलावर इंदिरा गांधींचा उदय झालेला होता.

इंदिरा गांधीची ही दुसरी कारकीर्द मात्र अत्यंत संघर्षमय तसेच तापदायक ठरलेली होती. या काळात देशात अनेक समस्यांनी तोंड वर काढले होते. विशेषतः काश्मिरप्रश्न, आसाम आणि पंजाब प्रांतात वाढता दहशतवाद व फुटीरप्रवृत्ती या प्रमुख होता.े

विशेषतः इ.स. १९८० नंतर पंजाब प्रांतात, शीखांच्या दहशतवादी कारवाया वाढल्या होत्या. या कारवायांना पाकिस्तान आणि चीन यांचा छुपा पाठींबा होता. अशा परिस्थितीत शेजारील राष्ट्रावरोवर चांगले संबंध निर्माण करण्याबरोबरच अंतर्गत दहशतवाद आणि फुटीरवादी प्रवृत्तीचे उच्चाटन करणे आणि देशाची अखंडता कायम राखप्रो,

अत्यंत महत्त्वाचे होते. अशा परिस्थितीत इंदिरा गांधीनी एक पंतप्रधान म्हणून किंवा व्यक्ती म्हणून त्यांनी धेतलेली भूमिका ही देशहिताची ठरली होती. ग्यांनी झैलसिंग यांची राष्ट्रपती निवड :-

ग्यानी झैलसिंग यांची राष्ट्रपती पदासाठी निवड करण्यामागे इंदिरागांधीची विशेष भूमिका असल्याचे दिसून येते. जनता पस राजवटीत काळात राष्ट्रपती पदावर कार्यरत असणारे तत्कालीन राष्ट्रपती संजीव रेड्डी यांचे आणि इंटिस गांधीचे बरेचसे मतभेद निर्माण होत असत. शिवाय त्यांचा कार्यकाळ संपत आला होता. अशावेळी राष्ट्रपती पदी जागेची नेमणूक करावी असा प्रश्न निर्माण झाला असता. पी.व्ही. नरसिंहराव यांचे नाव सर्वात आधार्डावर होते. मात्र देशातील एकंदरीतच राजकीय परिस्थिती विशेषतः पंजाब प्रांतात निर्माण झालेली फुटीरवादी प्रवृत्ती लक्षात घेता इंदिरा गांधींनी स्थानी झैलसिंग यांची राष्ट्रपती निवड झाली तर पंजाबमधील समस्या सुटतील व शीखांच्या मनातील फुटीरवाटी प्रवृत्तीस आळा घालता येईल असे वाटत होते. त्यामुळे त्यांनी २५ जुलै, १९८२ रोजी राष्ट्रपतीपदी ग्यानी झैलसिंग यांची निवड केली

ग्यानी झैलितिंग यांची राष्ट्रपती पदी निवड करून पंजाबमध्ये राष्ट्रपती राजवट लागू करून परिस्थिती आटोक्यात आणता येईल असा इंदिरा गांधीजींचा अंदाज होता. मात्र तो त्यांचा अंदाज शेवटी चुकीचा ठरला. त्यामुळे शेवटी पंजाववर लष्करी कारवाई करण्याशिवाय कोणताही पर्याय नाही असे त्यांना वाटल्याने त्यांनी ऑपरेशन व्लू स्टार या नावाने पंजाबवर लष्करी कारवाई करण्याचे निश्चित केल्याचे दिसून येते. ऑपरेन्न-न्तू-स्टार :-

इ.स. १९४७रोजी भारत स्वतंत्र झाला होता खरे पण या स्वातंत्र्यासाठी भारताला फार मोठी किंमत मोजावी लागली होती. इ.स. १९४७ साली झालेल्या फाळणीने फुक्त भारत आणि पाकिस्तान अशी दोन वेगवेगळी राष्ट्रे जन्माला आली नव्हती. तर भारतातील पंजाव प्रांताचे ही पश्चिम पंजाव आणि पूर्व पंजाब अशी विभागणी झाली होती. पश्चिम पंजाब हा पाकिस्तानचा भाग बनला होता, तर पूर्व पंजाब भारताचा भाग बनून राहिला होता.

भारतात राहिलेल्या पंजाबमध्ये शीखांची ५२: लोकसंख्या तर हिंदू-धर्मियांची ४८: लोकसंख्या होती. हे दोन्ही समाज एकजुटीने राहत होते. त्यांच्या संस्कृतींचा एकमेकांत मिलाफ झालेला होता. मात्र इ.स. १९८० नंतर देशात फुटीरप्रवृत्ती वाढू लागली होती आणि याचा एक भाग म्हणजे शीखांनी केलेली स्वतंत्र 'खलिस्तानची' मागणी होय. ⁸

पंजावमध्ये शीखांचा वाढता दहशतवाद आणि 'खलिस्तान' निर्मितीची फोफावत चाललेली चळवळ यामुळे विद्यमान पंतप्रधान इंदिरा गांधी अस्वस्थ होत चालल्या होत्या.

पंजावमधील या दहशतवादाचा मुख्य चेहरा हा 'जर्नेलसिंह भिंद्रनवाले' या तरूण व्यक्तीचा होता. हा भिंद्रनवाला म्हणजे पंजाबमधील अकालीदलाच्या विरोधात कॉग्रेसचे 'संजीव गांधी' यांनी उमे केलेले नेतृत्व होते असे म्हटले

इ.स. १९८० मध्ये झालेल्या निवडणूकीत योजल्याप्रमाणे अकाली दलाचा पराचव झाला आणि पंजावमध्ये कॉग्रेस सत्तारूढ झाले होते. असे असले तरी पराभूत अकाली दलाने या काळात जाणीवपूर्वक हरियाणाची राजधानी चंदीगड, रावी-वियास नदीचे पाणी वाटप यासारख्या प्रश्नावरून पंजाबमध्ये फुटीरवादाचे वातावरण निर्माण केले होते. याचा फायदा घेऊन भिंद्रनवाले यांनी इ.स. १९८२ मध्ये कॉग्रेसशी असतेले आपले संबंध तोडून टाकले व त्यांनी शीखांच्या स्वतंत्र 'खलिस्तानची' मागणी लावून धरण्यास सुरुवात केली.

शीखांच्या स्वतंत्र खिलस्तानच्या मागणीस परदेशातील अनिवासी शीखांच्याकडून पैसा आणि शस्त्रे मिळू लागली होती. ज्यामुळे दिवसेंदिवस शीखांची ताकत वाढत चालली होती व त्यांची स्वतंत्र होण्याची भावना अधिकच उग्र बनत गेल्याचे दिसून येते. या सर्वांचा परिणाम म्हणजे पंजाबमध्ये वॉम्बस्फोट, लुटमार, खून-जाळपोळ इत्यादी सारख्या घटना घडत गेल्या व भिंद्रनवाले व त्यांच्या अनुययांनी इंदिरा गांधींना स्पष्टपणे इशारा दिला होता की.

"आमची सहनशक्ती संपत आली आहे. इंदिरा गांधीनी विस्तावाशी खेळणं थांबवावं हा काही आसाम नव्हे. आम्ही सैनिकासारखे मरण पत्करू त्यांनी आमच्या रक्ताशी होळी खेळणं थांववावं."

शिखांच्या या वरील इशाऱ्याने इंदिरा गांघी या पुरत्या हादरून गेल्या होत्या. पंजाबवर कारवाई करावी की नको अशी संभ्रमावस्या त्यांची झाली होती. कारण पंजाबवरील लष्करी कारवाईचे दूरगामी परिणाम होणार होते याची जाणीव त्यांना झाली होती.

पंजाबमध्ये भिंद्रनवाले आणि त्यांच्या अनुयायांनी सुवर्णमंदिराच्या आडोशाने धुमाकुळ घातला होता. त्यांच्या हिटलिस्टवर अनेक मान्यवरांची नांवे होती. त्यामुळे त्यांना इंदिर गांधींनी सुरक्षा व्यवस्था पुरवली होती. मिंद्रनवाले ही आता पंजाबमधील एक मोठी शक्ती बनत चालली होती आणि आपल्या दहशतवादी कारवायांचे त्यांनी केंद्र शिखांचे पवित्रस्थान सुवर्णमंदिरास बनवले होते. त्यामुळे सुवर्ण मंदिरवर हल्ला करणे म्हणजे शीखांच्या धार्मिक भावनांना हात घालण्यासारखे होईल व शीख अधिकच प्रसुख्य होतील अशी मिती इंदिरा गांघीना वाटत होती.

अधिकन गंचीर क्यांचा अनुनूर्यांचा वाढता दहशतवाद, त्यांना असतेती अमेरिका, ब्रिटन आणि बॅनडा मधील भूभवासी शीखांची मदत यामुळे पंजाबमधील परिस्थिती अधिकच गंभीर झाली होती." पंजाबमधील वहशतवादाशी समझौता करण्यासारखे होते स्थान वहशतवादाशी समझौता जनवारी शाखाया सार्वभौमत्वाशी आणि अखंडत्वाशी समझौता करण्यासारखे होते. यानुके या दहशतवादाशी समझौता करण्यासारखे होते. त्यानुके या दहशतवादाशी समझौता करण्यासारखे होते. त्यानुके या दहशतवादी भिंदनवाले यांच्या क्षणने देशाच्या राज्य महण्याचे भागोलिक अखंडत्व आणि सार्वभीमत्व गमवायचे नव्हते. अशा विकट मागणीत शरण । मागणीत सुवर्णमंदिरावर लष्करी कारवाई करण्याव्यतिरिक्त त्यांच्याकडे अन्य कोणताही पर्याय उपत्रय नव्हते. अशा विकट वरिध्यतित सुवर्णमंदिरातील गुरुद्धारात घसन लपन बसलेल्या उत्पादकार । विरिध्यतित पुत्र । विरिध्यतित पुत्र । इदिरा गांधींनी सुवर्णमंदिरातील गुरुद्वारात घुसून लपून बसलेल्या दहशतवाद्यांना बाहेर काढण्यासाठी 'ऑपरेशन ब्लू स्टार'

तक नामा । या तष्करी कारवाईच्या अगोदर म्हणजे दि. २ जून, १९८४ रोजी इंदिरा गाँधी यांनी दुरदर्शन व आकाशवाणीवरून राष्ट्राला उद्देषून माषण केले. ते अत्यंत महत्त्वाचे आणि गंभीर होते. त्या म्हणात्या की,

भावस्त राज्य होत् निष्याप हिंदू-शीख लोक मारले जात आहेत. जाढपोळ लुटालूट व घातपत होत आहे. पवित्र मंदिराचे गुन्हेगार व खुन्याच्या आश्रयस्थानात रूपांतर केले जात आहे. हिंदू व शीख यांच्यात हेतुता कटुता पसरवर्णी जात आहे. पवित्र व धुना । स्थती आश्रय घेणारे मुठभर लोक आपल्या मातृमूतीच्या ऐक्याला आव्हान देत आहेत."

इंदिरा गांधीच्या या वरील भाषणावरून त्यांनी सुवर्णमंदिरातील वहशतवादी यांच्यावर तष्करी कारवाई करण्यासाठी हितेले आदेश किती योग्य आणि देशहिताच्या दृष्टीने महत्त्वाचे होते हे दिसुन येते.

आदेशानुसार भारतीय लष्काराने सुवर्णमंदिरातील लपून वसलेल्या भिंद्रनवाले आणि त्यांच्या अनुवायांना इंट्रस्तान धातले. ही कारवाई ३ जून, १९८४ ते ६ जून, १९८४ या तीन दिवसात करण्यात आली होती. इंदिरा गर्थीनी केलेल्या या ऑपरेशन ब्लू स्टार कारवाईवर टीका सुध्या झाली. पण त्याचवरोवर वृत्तपत्रे, विरोधक आणि सर्वसानान्य जनता श्रांनी मात्र इंदिरा गांधींच्या या भूमिकेस पार्टीवा दिला होता.

पंजाबवरील या कारवाईनंतर शीखांच्यामध्ये मात्र अपमान व संतापाची भावना उग्र होत गेली. आणि इंदिराजींच्या जिबीतास धोका निर्माण झालिला होता. अशा परिस्थितीत त्यांच्या सुरक्षाव्यवस्थेत बाढ करण्याबरोबरच सुरका रक्षकातील शीख कर्मचाऱ्यांची संख्या काढून घेण्यात यावी अशा प्रकारच्या सुचना कैरण्यात आल्या होत्या. मात्र इंदिरा गर्धीनी तसे क्ते तर धर्मनिरपेक्ष राष्ट्र या संकल्पनेस तड़ा जाईल व शिखांना आपता अपनान होत आहे असे वाटेल व ते देशहिताच्या दृष्टीने चांगले असणार नाही म्हणून त्यांनी तसे करण्यास स्पष्ट नकार दिला होता: ⁵

इंदिरा गांधीच्या या निर्णयाचा परिणाम म्हणजे ३१ ऑक्टोंबर, १९८४ रोजी त्यांच्या सुरक्षा रक्षक्रपैकी विवर्तासंग व सतवंत सिंग या दोन शीख रक्षकांनी त्यांची गोळ्या घालून हत्ना केती आणि एका घडनी पर्वाचा शेवट कर्ता. **

थोडक्यात काय तर इंदिराजींनी ऑपरेशन ब्लू स्टार ही कारवाई करून फार मोटा धाडशी निर्मय घेतला होता. लांच्या या निर्णयामुळे त्यांची देशाच्या भौगोलिक अखंडत्व आणि सार्वभौनत्व दिषयीची प्रविती येते. ज्यामुटे देश एकसंघ टेवण्यामध्ये त्यांनी घेतलेली भूमिका आणि त्यांसाठी प्रसंगी स्वतःचे विलेले बलिबन महत्वपूर्ण ठरते.

निष्कर्ष:-

ऑपरेशन ब्लू स्टार ही इंदिरा गांधींच्या काळातील एक अत्यंत महत्वाची घटना मनती जाते. देशच्या भैगोतिक अखंडल आणि सार्वभौमतत्व अवाधीत ठेवण्याच्या दृष्टिकोनत्न इदिराजीनी येतनेती भृमिका ही महत्वपूर्ण होती. त्यांच्या या भूमिकेचे जसे स्वागत झाले तसेच त्यास विरोध ही झाल होता, असे असते तरी एक्वरीतच त्याच्य या निर्णयामुळे भारतीय राजकीय पटलावर दूरगामी परिणाम झाले. इतकेच नाहीतर त्याच्या वा निर्णयानेच त्यांची हत्य बहुन अती. गात्र यामुळे देशाचे अखंडत्व कायम टिकून राहिले हे विसरता चेगार नाही.

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CHANGE MANAGEMENT IN LIBRARIES AND INFORMATION CENTRES

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Introduction: Change has always been a standard of life but over the past few decades' extensiveorganizational change has expectedhuge proportions. The developments in technology, increasing needs of society, and the emergence and growth of global organizations are some of the factors that have contributed to the need for, and frequency for change. Planning, applying and managing change in a fast changing environment is progressively the situation in which most organizations now work. Persons are normally resistant to change as change affects structures and procedures, job security and terms and conditions, social structures etc. Identification of the need for change and leading organizations through that change therefore needs effective change management.

Concept: "Change is the only continuous" is a famous premise. Over the past few decades important change has become a standard in organizational life. The organizations no longer have an excellent, they must change to live. The need for change is increasing, the capability to change is becoming vital for organizations to live and succeed in future.

Fast advancements in technology and globalization of trade have given momentum to change. This momentum of change is not going to slow. However, a look at the threatening rate of change into a technology-driven world, that has affected all compasses of life in the past decades, is more than sufficient to give a picture of the ever hurrying drive onwards.

The term of change management can be defined in simplest words as the task of managing change. Thus change management is about change to realize business results and managing change involves the process of making changes in a well-planned, systematic manner.

Change management can also be defined as the effective management of a business change such that organizational leaders, managers and employees work in concert to successfully implement the needed technology or organizational changes. Change management could be organizational or individual.

a. Organizational change management

Organizational change management is the management of change from the perspective of the top leadership looking down into the organization. It focuses on the broad change management practices and skills to help the organization comprehend, accept and support the required changes. It provides the

knowledge and skill to implement proper methodology for managing a change throughout an organization. Organizational change management involves top level and middle level managers and the human resource managers who sponsor the change in the organization.

b. Individual change management

Individual change management is the management of change from the perspective of the employees who are at the bottom level. These are the people who actually implement the change. In this the focus is on empowering them by providing them the tools and required training to help them in navigating their way through the change. For an effective individual change management, various tools and techniques are employed to help an employee transition through the change process.

In the context of library and information centres. change is greater in extent than ever before. In libraries and other knowledge-based organizations the present information explosion and the consequent knowledge revolution has unleashed a huge wave of change. The changes that libraries and information centres are facing today are unpredictable and unquantifiable. The political, economic, social and technological climate worldwide has created an atmosphere of uncertainty in which it is difficult to anticipate the future. Therefore, no matter how hard we try to project current trends into the future, it is not possible to predict the form of challenges facing the libraries and information centres. Thus in case of libraries and information centres it is not just a matter of managing change but a question of proper organizing so as to cope with any uncertainty that comes across.

Factorsof ChangeManagement

Organizational change is any alteration of activities in an organization. The alteration of activities may be the result of change in the structure of the organization, transfer of tasks, new product introduction, or changes in attitudes of group members or process, or any number of events inside and outside of the organization.

These factors constitute the different factors of change encountered by the organizations. These factors are the external and the internal factors of change for every organization.

a. External Factors

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External factors of change originate outside the organization. These factors arise in the social, legal, economic and technological environments within which the organization operates. The main external factors of change are technological advancements, demographic characteristics, market changes, social and cultural framework, legal system, political pressure and economic factors. The technological breakthroughs taking place from time to time have a direct bearing on the competence of organizations in asector. The various advancements in technology can enhance an organization's performance if it is able to learn, assimilate and imbibe the newer technologies in its functioning. If an organization fails to keep up with the pace of advancements, it faces the danger of lagging behind or becoming obsolete.

The emergence of global economy with liberalized trade policies and easy cross border business in the world market has directly affected the way various organizations operate and function. Organizations are controlled to a large extent by various economic factors like interest rates, inflation etc., over which they have little or no control.

The social-cultural framework includes the norms, values and beliefs associated with a particular demographic area or region. The developments taking place in countries outside the organization's home country can also trigger change within the organization.

b. Internal Factors

The Internal factors for change come from within the organization. This constitutes the internal environment of an organization and includes factors such as the organization members, the nature of their interactions and the physical atmosphere in which they operate. Human resource problems, managerial decisions, changes in organizational goals etc. are some internal factors of change. These changes take place within the organization's culture, which is the general condition within organizations, and consists of shared values, norms, beliefs and assumptions that unite members of an organization. The various internal and external factors can be highly interrelated. At times the internal factors do have some part of their origin in the world external to the organization. Therefore, both the external and internal factors of changes must be assessed, monitored and evaluated to devise a proper policy for organizational change.

Types of Change Management

a) Adaptive change

This type involves reimplementation of a change in the same organizational unit. Adaptive change is not considered threatening.

b) Innovative change

This type involves changes that are generally new and unfamiliar. The innovative changes create a kind of uncertainty and fear in organizations.

Radically Innovative change

This is the most threatening type of change. This type of change is most resisted in organizations. Implementation of a radical change in an organization requires a long-term strategy.

Changes in organizations can also be categorized as:

- Reactive change This is change brought about by a sudden or unplanned event.
- Planned change This is a systematic, deliberate change in the way part or all of an organization functions. In planned change the focus is on processes, people, or technology; and one person, a project team, a department, or the entire firm can be involved in the change process.

Change Management Process

Management of a change process involves four broad stages:

i) Planning

In the planning stage the organization determines a nced for change creates a change management team and develops a plan of action.

ii) Implementation and Management

In this stage the change plan is executed and the main focus is on implementing, managing and maintaining the change process, so that the change is affected smoothly without hiccups.

iii) Development of Tracking and Monitoring Instruments

In this stage various tracking and monitoring instruments are developed to assess the successes or failures of the change so that necessary adjustments can be made. Likewise, precautionary measures, if required, can be adopted.

iv) Tracking and Monitoring

This is the final stage and consists solely of continuous tracking and monitoring until the organization has institutionalized the change.

Change Managementin Librariesand **InformationCentres**

The library and information centres and other knowledge based organizations are faced with the rapidly developing rate of change. This change is evolutionary because tasks, technologies and even organizational

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structure are verbalized by continually changing environmental weights and relationships.

The library and information centre is a multifacetedorganizationtrusting upon a trusting relationship among its various units. Employee's roles in accepting a change environment are improved as they are allowed, as far as capabilities permit, to grow beyond a traditional ranked job to the point of being involved in team problem solving activities.

There has been a stable progress in computerization of almost all the features of library purposes. The technological changes began with the development of computerized library catalogues, circulation systems, integrated library systems and most recently, the OPACs which have transformed catalogue searching. The development of the web and the web-based resources and access tools also has had a significant impact on the functioning of library and information centres. Library and information centreshave had to encompass these emerging services and sometimes hold them within a traditional library framework.

The library and information centres are faced with substantial and multifold change issues which involve both human and resource factors. Greatest of all, these changes are often difficult to forecast, as they are dependent on the ever-changing nature of technology. The various changes facing library and information centres are unknown and random. Therefore, in the context of library and information centres, managing of change involves organizing to cope with anything that might come along.

The basic change problems that library and information centres face are the massive challenge of technology; more complex and interrelated problems, shorter time distances; problem-solving that has to be innovative because old solutions will not work; a need to build cross-boundary and cross-sector collaboration; a need for management styles based on identifying common interests and sharing; personnel who are willing to take responsibility; more discerning users who are also ready to exercise some control over how their needs are met; competition and the loss of a before unchallenged position.

Change requires strategic management, a more thoughtful approach. A good organizational climate is high in individual autonomy, low in job structure, high in reward and recognition of achievement (personal or organizational), and high in consideration and support. Successful organizational change must include these measures as outcomes of the change process. The various theories, policies, approaches and models for managing change work for libraries and information centres also. Librarians should accept the approach which is most appropriate to them. The suitability of an approach can be decided on the basis of personal preference, knowledge about management theories, the conditions in the organization, and the nature of expected changes. The

theoretical basis of change management in information services should be very firmly grounded in an awareness of organizational and environmental characteristics.

For proper management of change there has to be a unity between theory, policy, aims, process and operation. Selecting a proper policy is the first step in handling the issues of motivation and resistance in change management. Policy illuminates, informs and guides the process, and it is the early decisions about how to proceed, that frequentlyeffect the degree of difficulty and the ultimate success of a change project. Today library and information centres have become multifacetedorganizations due to various factors such as:

- a) Use of technology
- b) Internal diversity
- c) Progressively discerning and informed users
- d) Staff with increased prospects of development
- e) The need to respond to rapid environmental change
- Potential cross-sectorial working with other information services
- g) Discontinuous change

Keeping all these factors, in view proper change management policy should be adopted.

If the nature of anticipated changes is multifaceted then they can be managed by adapting more flexible and participative policies. In an organization good at managing change, different parts should be allowed different modules. Learning about application of knowledge should be at the centre of its operation. Decision making procedures should be decentralized and open, inputs into policy and policy should be taken from all the parts of the organization. Management should be participative, with an emphasis on people management.

Change management has become difficult in the case of library and information centres because of the multiple and random change factors affecting the information services, in the current period. In planning and using plans for handling change, some basic principles such as an emphasis on the people aspect and also on the acceptance that the process of change is in itself an educational experience, must be underscored and reinforced. Creativity, free flow of ideas and innovation should be encouraged.Managing of a change process involves managing of the people involved in the change process. For this the process of forgoing cultural change based on organization development should be adopted. General problems with communication, management attitudes, resources, working conditions and procedures should also be deal with. Many other factors like organizational environment, which also depends on the environment of the parent organization, the service culture, which is the internal climate, the organizational structure and the preferred management style also affect the change process.

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M. H. Shinde Mahavidyalaya, Tisang Tal. Gaganbawada, Dist. Kolbapur. The library and information center can be regarded as an open system which receives input from the outside, absorbs it, transforms that information, and then transmits it back to the environment. This system consists of a number of subsystems. These subsystems continually interact in informal and formal ways within the overall system. Any change in any one constituent of the organization invariably leads to a change in all the components. There is a combination of factors acting on information services today. Political, social, economic, educational and technological effects are some of the factors driving change inside information services and across information service sectors. These change factors are powerful, numerous, multifaceted, interrelated and extensive.

The technique of conflict resolution should be a part of change management process. Organization culture includes beliefs, relationships, the organizational ideology, tal and professional relationships, communication channels, rewards and agreed method of doing things. Proper management of change also calls for a change in the attitude of people affected by change.

Libraries are developing into border lessorganization. The development of electronic and digital libraries, virtual libraries, is an indicator to the organizational form of library of the future. A sound approach to managing change in library and information centres should focus on strategic thinking and visioning a strategic vision for the future and also deciding upon necessary choices about technological and facility investments, staffing, and service needs.

Conclusion

This paper discusses basic concept of change management and various policies which can be adopted for effective change management. Any change invokes resistance among people affected by it. Participation, wolvement and open communication are some of the actors which help to obtain people's involvement in the change process. Organizational development is an approach to organizational change that has received considerable attention in recent years. Organizational development is a process in which behavioral science knowledge, theory and techniques are employed to help an organization improve its capacity for effective change. Information services are just like other organizations and various policies and approaches available can be used for managing change in modem information organizations.

Change management in libraries and information centres should focus on a way of managing which enhancesorganizational responses to change and which holds structural change, new ways of working, non-traditional ideas about control and responsibility, new forms of leadership and the creation of an organizational culture which has a positive attitude to change embedded in it while involving the people, affected by change, in the

entire change process. Change Management can thus be used to create and maintain a healthy organization, improve operations and culture and anticipate and manage change.

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प्रयोगातून सिच्द शालीली मांघीजीची विसमांचवार प्रव्यंत अस्मिद्धान काली - वन्होंधंबीच्या इप्यार्थक जानंतर व्यक्त लोक बहुतिका उपचार प्रवस्तीकछे बळत आहेत. राध्या शहराबाहर निवान जिन्हणी, निसर्पाच्या सानि एत अनेक बलनस सेंटर्स उभी राहत आहेत. त्याची लोकप्रियता वाढत आहे. यातूनच गांधीनीची ग्रामीण समकातीनत: सिघ्द होताना दिसत आते.

एकूणच गांधीर्जीच्या ग्रामविकासाच्या विचारप्रवाहाति अनेक निष्कर्ष पुढे येताना दिसून येत आहे. बेकारी, उपासमार, कुपोषण इ.बरील महत्वपूर्ण उपाय म्हणून चरखा य सुतकताई होय. ओद्योकीकरणातृन चरवर दिसून वेणारे विकासाचे चित्र हे एकांगी स्वरुपाचे आहे. शेतक-यांच्या वाब्त्या आत्महत्या हे त्याचेच होतक होया. ग्रामीण विकासविषयक गांधीजींची विचाराची मांडणी ही अर्थातच भारतीय सामाजिक, अर्थिक परिर्स्थातीला अनुसरुतच केली मेलंजी होती. ग्रामीण विकासासाठी खादी, ग्रामोधाण, सुतवाताई र साधने अत्यंतः प्रधायी असून त्यात्वार खंडी सुधारतील असा गांधीजींचा ठाम विश्वास होता.

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24. Inclusive Growth in Indian Economy

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Abstract

Inclusive growth means that the growth across various sections of the economy and also equitable distribution of the benefits of the economic development among various sectors. Inclusive growth which reflects the more need to make growth more inclusive in terms of benefits through more employment and income. In Indian economy gap between the richest and poorest sections has become wider. Inclusive growth means economic growth that creates employment opportunities and help in reducing poverty. So achieving the inclusive growth is the biggest challenge in Indian economy. The following factors encouraged the Indian economy, health, education, public expenditure, women empowerment, less corruption, poverty reduction, employment generation program, regional disparities, infrastructure, energy, governance issues etc.

Keywords:- Poverty, inclusive growth, health, energy.

Introduction

Inclusive growth means that the growth across various sections of the economy and also equitable distribution of the benefits of the development among various sectors.

The average growth rate in the tenth plan period(2002-03 to 2006-07) is likely to about seven percent. So the Indian economy on the era of the eleventh five year plan is in a much stronger position than it was a few years ago. Though this performance reflects the strength of economy in many areas and also it is true that large parts of our population are still to experience decisive improvement in the standard of living. The percentage of population below the poverty line (BPL) is declining, but it is very slow process. The problems like education, health and clean drinking water are still more severe in some states that in others, and also rural areas. 1,2

It needs inclusive growth which reflects the more need to make growth more inclusive in terms of benefits flowing through more employment and income to those sections of the society which have been by passed by higher rate of economic growth and development. 1,2

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Inclusive Growth

Inclusive growth is a key element of Indian Government of India policy platform stating as a goal 'Achieving a growth process in which people in different walks in life....feel that they too benefit significantly from the process' (Ahluwala 2007)²

In Indian economy growth is not uniform across the all sectors, several social, political and economic sectors need to be tackled for sustaining a high rate of growth and as well as to make this growth is inclusive. Elimination of child labour, women empowerment, removal of casts barriers, agricultural, Industry, education, health and improvement in work culture are just a few things the Indian economy need to introspect on.

Inclusive growth is concept that advances equitable opportunities for economic participations during economic growth with benefits incurred by every section of economy.

In economy gap between the richest and poorest section has become wider. UNDP has defined inclusive growth as "the process and outcome where all groups of people have participated in growth and have benefited equitability from it". This means that the inclusive growth should include all sections as beneficiaries as well as partners in growth and that inclusion of the excluded should be embodied in growth process.⁴

Basely etal (2007) defined inclusive growth as the "growth that has a high elasticity of poverty reduction" it means that a higher reduction in poverty per unit of growth.⁴

Inclusive growth means economic growth that creates employment opportunities and help in reducing poverty. It means that having access to essential services in health and education by the poor. It includes providing equality of opportunity, empowering people through education and skill development. It is also a growth process environment friendly growth aims for good governance and a helps in creation of gender sensitive society.⁵

Inclusive Growth in India

Inclusive growth is necessary for sustainable development and equitable distribution of wealth and prosperity in economy. Achieving the inclusive growth is the biggest challenge in Indian economy. The challenge in India is to take the levels of growth to all sections of the society and to all parts of the country. The best way to achieve inclusive growth is through developing peoples skills.²

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Mr. Jeffery, chairman and CEO of Manpower planning. USA said that, a multi faceted approach toward education and skill development is necessary to achieve grow. He said the challenge of skill shortage can be addressed through public, private, partnership (PPP).6

The following factors encouraged the India to concentrate more on inclusive growth.²

- Indian economy is the seventh largest county by area and second by population and twelveth largest economy of market exchange rate and fourth largest county by PPP (Public-Private-Partnership). But, India is far away from the development of China.
- The exclusion in terms of low agriculture growth, low quality employment growth, low human development, rural - urban inequalities, gender and social inequalities and regional disparities are the problems for the country.
- 3. Reducing the poverty and other disparities and raising of economic growth are the key objectives of the nation through inclusive growth.
- The study has found that the politicians (Political leadership) in India have a very low level of scientific literacy.
- 5. The study found that the cost of corruption in India amounts to over 10 percent of GDP. So corruption is one of the ills that prevent inclusive growth.
- Child labour banned in India, still many children in India are unaware of education as they lives are spoiled to labour work.
- 7. Literacy level have to rise to provide the skilled work for required for higher growth
- 8. Achievement of nine percent (high growth rate) of GDP growth for country as a whole is one of the boosting factor which gives the importance to inclusive growth in India.
- Inclusiveness benchmarked against achievement of monitorable targets related to income and poverty, education, health, women and children, infrastructure and environment
- Even at international level, also, there as a concern about inequalities and exclusion and now they are also taking about inclusive approach for development in country.

Changes before Inclusive Growth strategies in India.

In India, the need of inclusive growth is vital to achieve the over all progress of the economy. Though, it is positive fore macro -economic stability 2008-09 resulted relative growth slow down, mostly from the effects of the weakening of the global economic momentum and

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financial markets. The following challenges are the major concern for India to achieve the inclusive growth is given below:-1,2

a. Poverty Reduction in India

In India, poverty a measured in terms of household per capote consumption

expenditure. Poverty line determined by the government for updated regularly. The latest poverty line are based on the recommendations of the Tendulkar Committee report (2008), At the national level, poverty line for rural population is Rs.448.68 for Urban population it is Rs.578.80 based on these poverty line 37.2 % of India's total population.

The world Bank estimates that 456 million Indians now lives under the global poverty line. Its means that 42 percent of the total population.

The planning commission of India uses its own criteria and has estimated that the 27.5 percent of the population was living below the poverty line year 2004-05.

b. Employment

One of the big problems for inclusive growth in India is employment. The raising population speed after independence showed its impact on employment. The employment in India is very low due to illiteracy and due to over dependency on agricultural employment.

Unorganized employment people in India are around 85 percent. In this sector's workers do not have social security. The economy is also facing in employment generation in all sectors.

Indian economy is considered as the agricultural base country. Some of the problems in Indian Agriculture is given below :-

- Slow reduction in share of employment
- Low labour productivity in agricultural and unskilled workers.
- Land and water problems and farmers suicides.

India's agricultural grew strongly in the wake of the green revolution. But the contribution of agriculture to GDP has been on the decline in recent decades. Dropping from 36 percent of GDP in 1980 to about 18 percent in 2007. The government has developed strategy of accelerated grow in incorporating a near doubling of the rates of growth of agriculture during the 11th five year plan (2007-12). Rapid growth in agricultural should generate more opportunities for poor to get employment and earn income.

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d. Problems in Social Development

Social development is also one of the key concern in the inclusive growth. This is the hot criteria in the recent past in Indian economy. Some main social problems are given below:-

- 1. Significant regional, social and gender disparities.
- 2. Law level and slow growth in public expenditures (etc. health)
- Poor quality delivery system.
- 4. Law HDI (Human Development Index) in world.
- 5. Malnutrition among children.

The vision of inclusive growth (inclusiveness) must go beyond the traditional objectives of poverty alleviation to encompass equality of opportunity as well as economic and social mobility for all society.

e. Regional Disparities

Regional disparities are also a major concern for India due to different culture and traditions in economy. Some regions and stated are developed fast and some other places still are facing the security. Some of regional disparities problems are given below:

- Per capita income is highest at Rs.16679 in Punjab and lowest per capita income is at Bihar with Rs.3557.
- 2. Female infant mortality varies from 88 in Madhya Pradesh and 12 in kerla
- 3. Female literacy 88 percent in kerla and varies from 33.6 percent.
- 4. Richer states grow faster than the poorer states.

f. Infrastructure and Energy

Infrastructure continues to occupy central stage in India's economic development strategies. The problem of energy scarcity is just one of the many infrastructure challenges facing in Indian economy.

g. Public Expenditure of Education

Several studies suggest that there is a correlation between inclusive economic Growth and the level of public expenditure on social development (education) (e.g. Habito 2009). Literacy is the most significant factor in poverty reduction s it enhance employability.

h. Public Expenditure in Health

India's public expenditure on health care at 0.9 percent of the GDP only 35 Percent of the population has access to medicines.

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i. Governance Issues

All the above initiative require a major role of government at all levels in Indian Economy, effective Government interventions at all levels are crucial to minimize the leakages resulting from sloppy implementation and bureaucratic corruption.

Strategy for more Inclusive Growth..-The empirical evidence about the relationship between economic growth and poverty reduction suggests that no particular development model is unequally pro-poor and that the relationship can only be considered empirically. So possible to draw some general conclusions regarding the major sources of proper growth. The international observations suggests that the rates of poverty reduction have been helped by rapid in growth in agricultural, public expenditure, education, health, infrastructure and quality of governance. For example, Ravallion (2008) conclude that chan's success.

The key components of the inclusive growth strategy included a sharp increases in investment in rural areas, infrastructure and agricultural spirt in credit farmers. The government of India also should go for a variety of legislative interventions to empower the disadvantaged.

Poverty eradication in India is a generally only considered to be long term goal. Poverty alleviation is expected to make better progress In future.

For agricultural growth, the private players can participate in to bridge in gap including providing micro finance.

Government of India's schemes should target eradication of both poverty and unemployment.

In economy child labour is a complex problem that is basically rooted in poverty. So government is implementing child labour programs.

The government of India is giving the women empowerment by the various program. So it is necessary to enhance the capabilities of women by providing education.

Indian government has stepped up for inclusive growth by launching many initiatives with features that are innovative, flexible and reform oriented. Such as , Rural Infrastructure (Bharat Nirman) Mahatma Gandhi National Rural Employment Guarantee Scheme, Regional Development, Sarva Shiksha Abhiyan, National Rural Health Mission, National Urban Renewal Mission Etc.

11th five year plan and inclusive growth is much more achieved. In 11th plan GDP growth likely to be of average of 8.2 percent as compared to 7.7 percent of the tenth plan. The eleventh

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five year plan defines inclusive growth to be a growth process which yields broad – based benefits and ensures equality of opportunity for all sectors in economy. But this inclusiveness is not reflected as it was expected.

As Indian government prepares to submit its approach papers for its twelveth (12th) five year plan (8) (year 2012 to 2017) (file:///c.users/compaq/Desktop/inclusive%20Growth docx#ftn8), the planning commission focus on instilling "inclusive growth".

The plan is expected to be one that encourages the development of India's agriculture, education, health and social welfare. It is also expected to create employment through manufacturing sector.

Suggestions

- Equity is important for economic development so it is main objective of our planning (Development)
- 2. Equality of opportunities in education should be given.
- 3. Agricultural sector development is necessary for economic development.
- Economic reforms are important, but macro poor policies like as fiscal, trade, financial monetary etc, should have focus on pro-poor.
- 5. Development of manufacturing sector is important for creation of employment.
- Structural change also should have followed to sequence for agricultural –indusury and services sector etc.
- Women's, weaker sections, economic and social empowerment, development is important.
- 8. All sectors decentralization.
- 9. Economic reforms in relation to socio and political environment.

Conclusion

Indian economy is the new global economy. That is growing at a phenomenal rate and combined with a flourishing democracy. Also the country remains shackeld in corruption, red tape age old social barriers and puzzling lack of transparency.

So, inclusive growth is important in Indian economy. Inclusive growth means growth across various sectors in society and also equitable distribution of the benefits of the economic development.

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Indian economy achieving inclusive growth in various sectors. But also the women, weaker section and poor families is not more benefited. So the main target of our development is more effort to make India's growth more inclusive in the future. The main thrust of inclusive growth strategy has to be on the following key sectors.

- a. Employment
- b. Growth in agricultural
- c. Increased public expenditure on education and health sectors.
- d. Improved infrastructure
- e. More effective governance at all levels.

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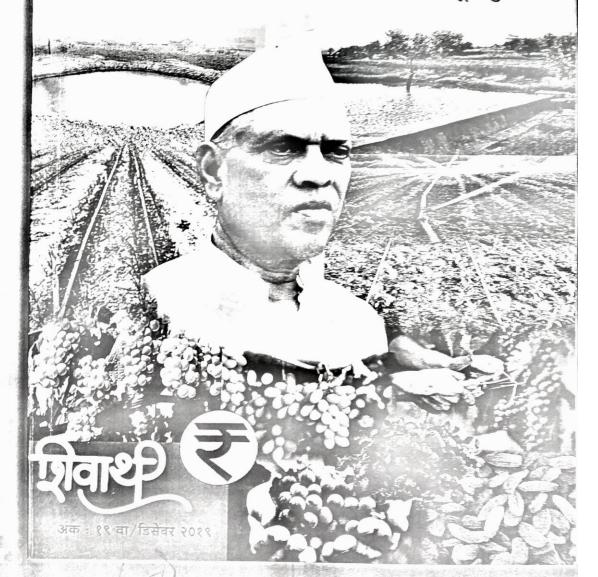


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मा है, भिर्वे महाविद्यालय सिम्नी सा. मानवावडर कि. को को के

Growth in Grapes Export in India

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I. Introduction:

Agriculture, as everyone knows is the breadwinning sector of Indian economy. This sector provides employment more than half of the workforce of the country. It is widely known fact that India is the largest producer of spices, pulses, rice, wheat and other spice products India has now become the second largest producer of vegetables and fruits in the world. This is a very good indication for the agricultural sector in the Indian economy. India continues to remain among the top three producers of wheat, paddy, groundnut, natural products, sugarcane, rapeseeds, pulses, vegetables, tobacco leaves, jute, cotton, tea, etc. India is a country where agriculture is given a lot of importance as it is the backbone of the Indian economy. Agriculture is the main source of income in India. Agriculture exports contribute to one fifth of the total exports of the country. All Indians or even the entire world is dependent directly or indirectly on agriculture. Some of the people are linked directly to farming whereas some others strive to do business with these products. Indian agriculture industry has the capability to produce enough food grains to create a major difference in the economy of India. To give maximum output, this industry needs a lot of support like land facility, bank loans, machineries, etc. this will help in meeting the maximum target marked by the Indian government. These facilities will contribute in a large way to the production and in turn to the economy.

II. Present Position of Agricultural Export:

The new economic reform in India coinciding with the WTO Agreement open up immense opportunities for Indian agriculture products to enter the global market. Even today, near about 60 per cent of the total labour force is dependent on agriculture. This brings out that, the general standard of living of people can be raised only ensuring accelerated and diversified agricultural development. To facilitate this process, due importance should be given to globalizing the Indian agriculture in terms of policy measures. In this content Devendra Thakur, describes his views as "agricultural export help modernize production, post harvest processing and marketing system and advantages of most recent technological advancement in the network planning process. Needless to mention that, agricultural export planning has not been developed in a systematic manner. It is necessary

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शिवाश्य वार्षिक २०१९/१९४

to understand that, exports are possible if we are able to produce the liene is a sessioned while of the desired quality along with well coordinated promotional offinis अधिकार की संग रेक्टर वर्ग संग will have to involve, initiate and implement export promotion policy in pilicy in pili

S. C. Nagpal and A. C. Mittal, explains their observations regarding furtion agents are trained as the control of the control and economic development as, "the need for increasing export for augmenting to the participation of the participat earnings is very critical for India. Foreign exchange is vital for premitting in some confident development without sacrificing country's self-reliance. Export growth and economic development

III. Objectives of the study :

- I. To analyze the trend of grapes export in India II.
- To measure the growth in agricultural export in India. III.
- To analyze the problems in grapes export in India. IV.
- Research Methodology:

The present research paper has been depending upon the secondary data. The secondary data has been collected from various reference books, published government report, unpublished research reports, project report, unpublished research thesis, websites, annual reports etc. The statistical tools i.e. simple growth rate, percentage etc. has been used.

Growth of Grapes Export and other Agricultural Export:

Some horticulture commodities are becoming popular in foreign countries. For example, India is exporting Onion to more than 45 countries and major countries like UAE, Malaysia, Singapore, Sri-Lanka, Saudi Arabia, Bangladesh, Kuwait and Mauritius. Floricultural export is emerging industry in India. Export of Grapes from India has increased many folds ever since it started in 1991, but still faces the within the next six to seven years. Government is looking for potential rise in Floriculture quality constrains.

Table No.- 1 Growth of Grapes Export and other Agricultural Export (Fruits and Vegetables)

Product	2015-16		2016-17		xport (Fruits and Vege		ctables)
Fresh	Qty (MT)	Rs. In Lacs	Qty (MT)	Rs. In Lacs	Qty (MT)	17-18 Rs. In	% Growth
Grapes	161029.04	157660.7				Lacs	(P.Y)
Fresh		1000.7	231116.86	206528.94	214440.6	214621.95	3.92
Onions Other	1382959.54	309720.85	2415739.06	310606.44	1588985.72		3.92
Vegetables	740466.23	221912.95	1016457.70		1200303.72	308882.22	-0.56
Walnuts	3291.71	11791.54	1016437.72 2191.19	283202.56 5527.26	2 120.07	209295.72	-26.1
Fresh Mangoes	36779.26	220(2.0		3327.20	3595.69	12721.07	130.15
Other		32063.9	52761	44366	49180.48	38234.01	-13.82
Total	377314.78	177189.96	409081.25	183592.69	226515.54		15.02
Total	2701840.56	910347.9	4127327.08	1033823.89	326515.56 2955146.12	157326.25	-14.31
-					->03140.12	941081.22	-8.97

Source: apeda.gov.in Note: P.Y.-Previous year

The export of Grapes shows an increasing trend by 3.92 per cent. In year 2015-16 export of grapes was Rs. 157668.70 lac which is increased to 214621.95 lac in 2017-18. The main Grapes importing countries are England, USA, Germany, France, Netherlands and Sweden. The main problem of Grapes export are, tendency of indiscriminate export, which are not based on prioritization of products in the context of strength or consumers choice, post harvest infrastructure is still weak, no sufficient air cargo on subsidized rates are available. Export st ategy has not set the marketing system; subsidy to pre-harvest operations is being harvested by rich farmers. Export culture does not exist among the growers, lack of infrastructural facilities are some major problems faced by the horticulture sector in export trading.

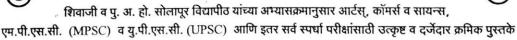
IV. Conclusion:

The export of Grapes shows an increasing trend by 3.92 per cent. The major Grapes importing countries are England, USA, Germany, France, Netherlands and Sweden. The category of other Fruits it's including Bananas, Cashew nut, Strawberry etc. The export of other fruits shows a significant decrease in its export. The trend of selected agricultural export shows negative by -3.97 percent as compare to 2016-17. However, government has to provide infrastructural facility to improve growth in agricultural export.

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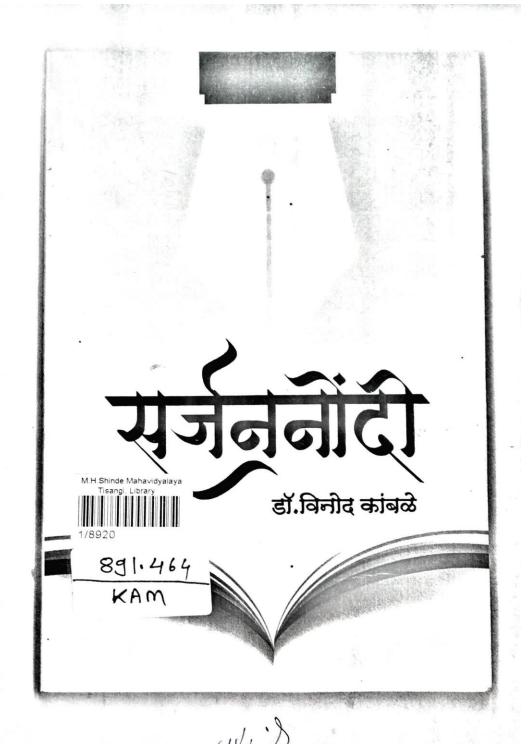


फडके प्रकाशन

महाराष्ट्रातील एक उत्कृष्ट व दर्जेदार क्रमिक आणि संदर्भ पुस्तके प्रकाशित करणारी अग्रगण्य प्रकाशन संस्था..

फडके भवन, हरिमंदिराजवळ, दुधाळी, कोल्हापूर. फोन : (०२३१) २५४०२११ - (६ लाईन्स) पुणे (०२०) २४४ ८२ ९५१, सोलापूर : ९४ २३ ५० ८९ १९

वार्थे वार्षिक २०१९/१९६



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CHANGE MANAGEMENT IN LIBRARIES AND INFORMATION CENTRES

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Introduction: Change has always been a standard of life but over the past few decades' extensiveorganizational change has expectedhuge proportions. The developments in technology, increasing needs of society, and the emergence and growth of global organizations are some of the factors that have contributed to the need for, and frequency for change. Planning, applying and managing change in a fast changing environment is progressively the situation in which most organizations now work. Persons are normally resistant to change as change affects structures and procedures, job security and terms and conditions, social structures etc. Identification of the need for change and leading organizations through that change therefore needs effective change management.

Concept: "Change is the only continuous" is a famous premise. Over the past few decades important change has become a standard in organizational life. The organizations no longer have anexcellent, they must change to live. The need for change is increasing, the capability to change is becoming vital for organizations to live and succeed in future.

Fast advancements in technology and globalization of trade have given momentum to change. This momentum of change is not going to slow. However, a look at the threatening rate of change into a technology-driven world, that has affected all compasses of life in the past decades, is more than sufficient to give a picture of the ever hurrying drive onwards.

The term of change management can be defined in simplest words as the task of managing change. Thus change management is about change to realize business results and managing change involves the process of making changes in a well-planned, systematic manner.

Change management can also be defined as the effective management of a business change such that organizational leaders, managers and employees work in concert to successfully implement the needed technology or organizational changes. Change management could be organizational or individual.

a. Organizational change management

Organizational change management is the management of change from the perspective of the top leadership looking down into the organization. It focuses on the broad change management practices and skills to help the organization comprehend, accept and support the required changes. It provides the

knowledge and skill to implement proper methodology for managing a change throughout an organization. Organizational change management involves top level and middle level managers and the human resource managers who sponsor the change in the organization.

b. Individual change management

Individual change managements the management of change from the perspective of the employees who are at the bottom level. These are the people who actually implement the change. In this the focus is on empowering them by providing them the tools and required training to help them in navigating their way through the change. For an effective individual change management, various tools and techniques are employed to help an employee transition through the change process.

In the context of library and information centres, change is greater in extent than ever before. In libraries and other knowledge-based organizations the present information explosion and the consequent knowledge revolution has unleashed a huge wave of change. The changes that libraries and information centres are facing today are unpredictable and unquantifiable. The political, economic, social and technological climate worldwide has created an atmosphere of uncertainty in which it is difficult to anticipate the future. Therefore, no matter how hard we try to project current trends into the future, it is not possible to predict the form of challenges facing the libraries and information centres. Thus in case of libraries and information centres it is not just a matter of managing change but a question of proper organizing so as to cope with any uncertainty that comes across.

Factorsof ChangeManagement

Organizational change is any alteration of activities in an organization. The alteration of activities may be the result of change in the structure of the organization, transfer of tasks, new product introduction, or changes in attitudes of group members or process, or any number of events inside and outside of the organization.

These factors constitute the different factors of change encountered by the organizations. These factors are the external and the internal factors of change for every organization.

a. External Factors

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External factors of change originate outside the organization. These factors arise in the social, political, legal, economic and technological environments within which the organization operates. The main external factors of change are technological advancements, demographic characteristics, market changes, social and cultural framework, legal system, political pressure and economic factors. The technological breakthroughs taking place from time to time have a direct bearing on the competence of organizations in asector. The various advancements in technology enhance an organization's can performance if it is able to learn, assimilate and imbibe the newer technologies in its functioning. If an organization fails to keep up with the pace of advancements, it faces the danger of lagging behind or becoming obsolete.

The emergence of global economy with liberalized trade policies and easy cross border business in the world market has directly affected the way various organizations operate and function. Organizations are controlled to a large extent by various economic factors like interest rates, inflation etc., over which they have little or no control.

The social-cultural framework includes the norms, values and beliefs associated with a particular demographic area or region. The various developments taking place in countries outside the organization's home country can also trigger change within the organization.

b. Internal Factors

The Internal factors for change come from within the organization. This constitutes the internal environment of an organization and includes factors such as the organization members, the nature of their interactions and the physical atmosphere in which they operate. Human resource problems, managerial decisions, changes in organizational goals etc. are some internal factors of change. These changes take place within the organization's culture, which is the general condition within organizations, and consists of shared values, norms, beliefs and assumptions that unite members of an organization. The various internal and external factors can be highly interrelated. At times the internal factors do have some part of their origin in the world external to the organization. Therefore, both the external and internal factors of changes must be assessed, monitored and evaluated to devise a proper policy for organizational change.

Types of Change Management

a) Adaptive change

This type involves reimplementation of a change in the same organizational unit. Adaptive change is not considered threatening.

b) Innovative change

This type involves changes that are generally new and unfamiliar. The innovative changes create a kind of uncertainty and fear in organizations.

c) Radically Innovative change

This is the most threatening type of change. This type of change is most resisted in organizations. Implementation of a radical change in an organization requires a long-term strategy.

Changes in organizations can also be categorized as:

- Reactive change This is change brought about by a sudden or unplanned event.
- Planned change This is a systematic, deliberate change in the way part or all of an organization functions. In planned change the focus is on processes, people, or technology; and one person, a project team, a department, or the entire firm can be involved in the change process.

Change Management Process

Management of a change process involves four broad stages:

i) Planning

In the planning stage the organization determines a need for change creates a change management team and develops a plan of action.

ii) Implementation and Management

In this stage the change plan is executed and the main focus is on implementing, managing and maintaining the change process, so that the change is affected smoothly without hiccups.

iii) Development of Tracking and Monitoring Instruments

In this stage various tracking and monitoring instruments are developed to assess the successes or failures of the change so that necessary adjustments can be made. Likewise, precautionary measures, if required, can be adopted.

iv) Tracking and Monitoring

This is the final stage and consists solely of continuous tracking and monitoring until the organization has institutionalized the change.

Change Managementin Libraries and Information Centres

The library and information centres and other knowledge based organizations are faced with the rapidly developing rate of change. This change is evolutionary because tasks, technologies and even organizational

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structure are verbalized by continually changing environmental weights and relationships.

The library and information centre is a multifacetedorganizationtrusting upon a trusting relationship among its various units. Employee's roles in accepting a change environment are improved as they are allowed, as far as capabilities permit, to grow beyond a traditional ranked job to the point of being involved in team problem solving activities.

There has been a stable progress in computerization of almost all the features of library purposes. The technological changes began with the development of computerized library catalogues, circulation systems, integrated library systems and most recently, the OPACs which have transformed catalogue searching. The development of the web and the web-based resources and access tools also has had a significant impact on the functioning of library and information centres. Library and information centreshave had to encompass these emerging services and sometimes hold them within a traditional library framework.

The library and information centres are faced with substantial and multifold change issues which involve both human and resource factors. Greatest of all, these changes are often difficult to forecast, as they are dependent on the ever-changing nature of technology. The various changes facing library and information centres are unknown and random. Therefore, in the context of library and information centres, managing of change involves organizing to cope with anything that might come along.

The basic change problems that library and information centres face are the massive challenge of technology; more complex and interrelated problems, shorter time distances; problem-solving that has to be innovative because old solutions will not work; a need to build cross-boundary and cross-sector collaboration; a need for management styles based on identifying common interests and sharing; personnel who are willing to take responsibility; more discerning users who are also ready to exercise some control over how their needs are met; competition and the loss of a before unchallenged position.

Change requires strategic management, a more thoughtful approach. A good organizational climate is high in individual autonomy, low in job structure, high in reward and recognition of achievement (personal or organizational), and high in consideration and support. Successful organizational change must include these measures as outcomes of the change process. The various theories, policies, approaches and models for managing change work for libraries and information centres also. Librarians should accept the approach which is most appropriate to them. The suitability of an approach can be decided on the basis of personal preference, knowledge about management theories, the conditions in the organization, and the nature of expected changes. The

theoretical basis of change management in information services should be very firmly grounded in an awareness of organizational and environmental characteristics.

For proper management of change there has to be a unity between theory, policy, aims, process and operation. Selecting a proper policy is the first step in handling the issues of motivation and resistance in change management. Policy illuminates, informs and guides the process, and it is the early decisions about how to proceed, that frequentlyeffect the degree of difficulty and the ultimate success of a change project. Today library and information centres have become multifacetedorganizations due to various factors such as:

- a) Use of technology
- b) Internal diversity
- c) Progressively discerning and informed users
- d) Staff with increased prospects of development management
- e) The need to respond to rapid environmental change
- Potential cross-sectorial working with other information services
- g) Discontinuous change

Keeping all these factors, in view proper change management policy should be adopted.

If the nature of anticipated changes is multifaceted then they can be managed by adapting more flexible and participative policies. In an organization good at managing change, different parts should be allowed different modules. Learning about application of knowledge should be at the centre of its operation. Decision making procedures should be decentralized and open, inputs into policy and policy should be taken from all the parts of the organization. Management should be participative, with an emphasis on people management.

Change management has become difficult in the case of library and information centres because of the multiple and random change factors affecting the information services, in the current period. In planning and using plans for handling change, some basic principles such as an emphasis on the people aspect and also on the acceptance that the process of change is in itself an educational experience, must be underscored and reinforced. Creativity, free flow of ideas and innovation should be encouraged.Managing of a change process involves managing of the people involved in the change process. For this the process of forgoing cultural change based on organization development should be adopted. General problems with communication, management attitudes, resources, working conditions and procedures should also be deal with. Many other factors like organizational environment, which also depends on the environment of the parent organization, the service culture, which is the internal climate, the organizational structure and the preferred management style also affect the change process.

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The library and information center can be regarded as an open system which receives input from the outside, absorbs it, transforms that information, and then transmits it back to the environment. This system consists of a number of subsystems. These subsystems continually interact in informal and formal ways within the overall system. Any change in any one constituent of the organization invariably leads to a change in all the components. There is a combination of factors acting on information services today. Political, social, economic, educational and technological effects are some of the factors driving change inside information services and across information service sectors. These change factors are powerful, numerous, multifaceted, interrelated and extensive.

The technique of conflict resolution should be a part of change management process. Organization culture includes beliefs, relationships, the organizational ideology, social and professional relationships, communication channels, rewards and agreed method of doing things. Proper management of change also calls for a change in the attitude of people affected by change.

Libraries are developing into border lessorganization. The development of electronic and digital libraries, virtual libraries, is an indicator to the organizational form of library of the future. A sound approach to managing change in library and information centres should focus on strategic thinking and visioning a strategic vision for the future and also deciding upon necessary choices about technological and facility investments, staffing, and service needs.

Conclusion

This paper discusses basic concept of change management and various policies which can be adopted for effective change management. Any change invokes resistance among people affected by it. Participation, involvement and open communication are some of the factors which help to obtain people's involvement in the change process. Organizational development is an approach to organizational change that has received considerable attention in recent years. Organizational development is a process in which behavioral science knowledge, theory and techniques are employed to help an organization improve its capacity for effective change. Information services are just like other organizations and various policies and approaches available can be used for managing change in modem information organizations.

Change management in libraries and information centres should focus on a way of managing which enhancesorganizational responses to change and which holds structural change, new ways of working, nontraditional ideas about control and responsibility, new forms of leadership and the creation of an organizational culture which has a positive attitude to change embedded in it while involving the people, affected by change, in the

entire change process. Change Management can thus be used to create and maintain a healthy organization, improve operations and culture and anticipate and manage change.

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डॉ. विनोद कांबळे

वेळोवेळी सहेतुकपणे केलेले वाङ्मयीन विषयांवरचे प्रासंगिक लेखन आणि त्या त्या वेळी लिहिलेली पुस्तकांची परीक्षणे असे या पुस्तकांचे स्वरुप आहे. आशयाच्या स्तरावरची एकसांची किंवा एकसूत्री बांधणी या पुस्तकात दिसत नसली, तरी भवतालातल्या वाङ्मयीन घडामोडींचे आणि कलाकृतींचे दस्तावेजीकरण असे सूत्र या पुस्तकामध्ये दिसते.

अनेकदा समाजाची सांस्कृतिक गरज म्हणून वेगवेगळ्या प्रदेशात छोटे - मोठे वेगवेगळे सांस्कृतिक उपक्रम राबविले जातात. एकीकडे असे उपक्रम राबविले जातात आणि दूसरीकडे ते काळाच्या ओघात संपूनही जातात. त्या त्या समाजाची अभिरुची घडविण्यात अशा उपक्रमांचे कमी अधिक प्रमाणात का असेना योगदान असते. मात्र उपक्रम राबवताना जो उत्साह दिसतो तसा उत्साह आपल्याकडे अशा उपक्रमांची लिखित नोंद करताना मात्र दिसत नाही. ही अनास्था मराठीच्या वाङ्मयीन विश्वात अपवाद वगळता सगळीकडेच दिसते. जे वाङ्मयीन उपक्रमांच्या तेच त्या त्या परिसरातल्या काही पुस्तकांच्या बाबतीतही घडते. कसलीही वाङ्मयीन पार्श्वभूमी नसलेल्या कुटुंबातून अथवा परिसरातून काही लेखक आपापल्या कुवतीप्रमाणे प्रवाहापासून बाजुला राह्न लेखन करतात. वाङ्मयाच्या व्यापक पटावर अशा पुस्तकांची साधी नोंद सुद्धा होत नाही. परिणामी असे लेखकही काळाच्या ओघात संपून जातात. मात्र एका प्रादेशिक सांस्कृतिक परिप्रेक्षात त्यांचे महत्व असते. अशा पुस्तकांची आणि उपक्रमांच्या नोंदीची गरज विचारात घेऊन विनोद कांबळे यांनी केलेला हा प्रयत्न कौतुकास्पद आहे. त्या त्या वेळी यापैकी काही लेखन दैनिकात प्रसिद्ध झालेले असले, तरी एका विशिष्ट प्रदेशाच्या सांस्कृतिक इतिहासाच्या दृष्टीने त्याचे महत्त्व आहे.

- एकनाथ पाटील





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डॉ. विनोद कांबळे/Dr. Vinod Kamble ११२२/१/बी/१, प्लॉट नं. २७/२, मनोहर कोतवाल नगर, रिंगरोड, फुलेवाडी, कोल्हापूर. ४१६ ०१० मो. ९८५०४३३८०७

प्रकाशक

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प्रथमावृत्ती २४ ऑगस्ट, २०१९

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